

# 1968 Ford V8 Tune-Up

## TUNE-UP

### ENGINE IDENTIFICATION

Engine code letter is fourth digit of Official Serial Number or Warranty Number.

Application	Code
289" .....	N
360" .....	Y
390" .....	H

### MODEL IDENTIFICATION

#### RATING PLATE

**F100/350** – Rating plate is located on rear (lock) face of left front door.

**P350** – Rating plate is located on upper cowl panel in engine compartment.

**U100** – Rating plate is located in inner panel of glove compartment door.

#### OFFICIAL SERIAL NUMBER

**U100** – Serial number is stamped 12 inches to rear of right front shock tower on top surface of right frame side rail.

#### VEHICLE IDENTIFICATION NUMBER

**F100/350, P350** – Vehicle Identification Number is stamped on an aluminum plate riveted to instrument panel close to windshield on passenger side of vehicle.

**P35YUA41907**

**First Digit** – Truck Series Letter.

**Second & Third Digits** – Truck Series Number.

**Fourth Digit** – Engine Code.

**Fifth Digit** – Assembly Plant.

**Remaining Digits** – Consecutive Unit Number.

### TUNE-UP NOTES

► **IDLE SPEED ADJUSTMENT CAUTION** – Procedures and specifications for idle speed adjustment must be followed exactly as outlined. See "Hot (Slow) Idle RPM" under Tune-Up.

**NOTE** – For other items affecting Tune-Up, see **CARBURETION** Section or **EMISSION CONTROL** Section.

### COMPRESSION PRESSURE

With engine at normal operating temperature, spark plugs removed, throttle and choke valves wide open and engine at cranking speed, variation between cylinders should not exceed 20 psi.

Application	PSI
289" .....	130-170
360", 390" .....	120-160

### VALVE TAPPET CLEARANCE

Application	① Clearance
289" .....	.067-.167"
360", 390" .....	.100-.200"

① – One turn down after contact. Clearance specified is obtained at valve stem tip with tappet collapsed.

### VALVE ARRANGEMENT

**289"**

I-E-I-E-I-E-I-E (right bank, front to rear).

E-I-E-I-E-I-E-I (left bank, front to rear).

**360", 390"** – E-I-E-I-E-I-E-E (both banks, front to rear).

### SPARK PLUGS

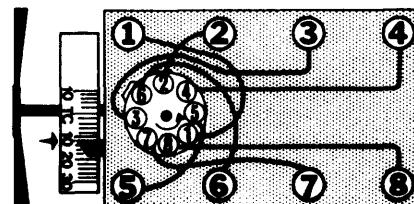
Gap .....	.032-.036"
Torque.....	15-20 ft. lbs.

#### Spark Plug Type

Application	Autolite No.
289" .....	BF-42
360", 390" .....	BF-32

### DISTRIBUTOR

Point Gap	
W/O Emission Control.....	.017"
W/Emission Control .....	.021"
Cam Angle	
W/O Emission Control.....	26-31°
W/Emission Control .....	24-29°
Breaker Arm Spring Tension .....	17-21 ozs.
Condenser Capacity .....	.21-.25 mfd.



**FIRING ORDER & TIMING MARKS**

8FOA01

## IGNITION TIMING

With engine at normal operating temperature and vacuum advance line disconnected and plugged, adjust timing to specifications.

Application	Man. Trans.	Auto. Trans.
289" .....	6° BTDC .....	.....
360" ① .....	6° BTDC .....	10° BTDC
360" ② .....	6° BTDC .....	6° BTDC
390" ① .....	10° BTDC .....	10° BTDC
390" ② .....	6° BTDC .....	6° BTDC

- ① - W/O Emission Control.
- ② - W/Emission Control.

## HOT (SLOW) IDLE RPM

With engine at normal operating temperature, timing and dwell correctly set and parking brake engaged, install tachometer. Place automatic transmission in "D" and manual transmission in "N", turn headlights to high beam and turn air conditioning (if so equipped) "ON". With air cleaner installed, adjust idle RPM to specifications. Adjust mixture screws for smoothest idle within range of limiter caps. Stop engine and adjust fuel bowl vent valve. Set throttle linkage to hot idle position. Index mark on vent valve rod should now be even with open end of vent. Bend arm on vent valve rod actuating lever (where it contacts accelerator pump lever) to align groove with edge of bore.

Application	Idle Speed RPM	
	Man. Trans.	Auto. Trans.
289" .....	625 .....	.....
360", 390" .....	625 .....	550

## IDLE MIXTURE ADJUSTMENT

### EXHAUST GAS ANALYZER PROCEDURE

Install a suitable calibrated exhaust gas analyzer. Disconnect Emission Control pump air supply hose at pump or check valve. Do not adjust for drop in engine RPM. Note amount of RPM drop. With air cleaner installed, take an analyzer reading. Adjust idle mixture screws within range of limiter caps to specified air/fuel ratio. Correct for any changes in engine idle RPM immediately as idle mixture screw is turned. Refer to drop in idle RPM obtained when Emission Control pump hose was disconnected, then correct idle speed to RPM noted.

*NOTE - Allow at least ten seconds following each mixture adjustment for analyzer to properly respond and stabilize.*

**Idle Limiter Cap** - If proper air/fuel ratio cannot be achieved within limits of idle limiter cap, remove cap and adjust screw until proper air/fuel mixture achieved. Install new idle mixture limiter cap in full counterclockwise position with tab of cap against stop on carburetor.

Application	Air/Fuel Ratio
	Air/Fuel Ratio
289" .....	13.2-13.8
360", 390" .....	13.2-14.7

## COLD (FAST) IDLE RPM

With engine at normal operating temperature and hot (slow) idle correctly set, rotate fast idle cam until fast idle adjusting screw rests on center step of fast idle cam. Start engine and turn fast idle screw to obtain specified RPM.

Application	Man. Trans.	Auto. Trans.
289" .....	1200 .....	.....
360", 390" .....	1200 .....	1400

## CHOKE ADJUSTMENT

**Manual Choke** - Place choke linkage in full choke position and gradually turn choke operating rod adjusting nut until a gauge or drill of specified clearance will just pass between choke plate and air horn wall with adjusting nut against plastic swivel.

### Choke Plate Setting

Application	Clearance
289" .....	.250"
360", 390" .....	.150"

## DASHPOT ADJUSTMENT

With engine at normal operating temperature, hot (slow) idle correctly set, throttle valve closed and dashpot plunger held in depressed position, loosen lock nut and adjust dashpot to specified clearance between end of plunger and tab on throttle lever.

Application	Clearance
289" .....	.125"
360", 390" .....	.140"

## GOVERNOR ADJUSTMENT

On vehicles equipped with conventional velocity governor, connect a tachometer to engine and proceed as follows. With engine at normal operating temperature and throttle at wide open position, compare RPM reading with operating range stamped on governor plate. If adjustment is required, remove governor seal. To increase RPM, turn cap counterclockwise. To decrease RPM, turn cap clockwise. With adjustment complete, stop engine and seal cap.

Application	No-Load RPM	Full-Load RPM
390" .....	3800 .....	3600

## FUEL PUMP PRESSURE & VOLUME

Pressure .....	4.5-6.4 psi
Volume .....	1 pt. in 30 seconds

## EMISSION CONTROL

See appropriate article in EMISSION CONTROL Section.

# 1968 Ford V8 Tune-Up

## IGNITION

### DISTRIBUTOR

Application	① Ford Part No.	
	Man. Trans.	Auto. Trans.
289" .....	C8TF-F.....	
360" ②.....	C8TF-L.....	C8TF-H
360" ③.....	C8TF-G.....	C8TF-G
390" ②.....	C8TF-L.....	C8TF-L
390" ③.....	C8TF-G.....	C8TF-G

- ① - Basic number is 12127. Table gives prefix and suffix.
- ② - W/O Emission Control.
- ③ - W/Emission Control.

Other Data & Specifications - See Tune-Up and Ford Distributors in ELECTRICAL Section.

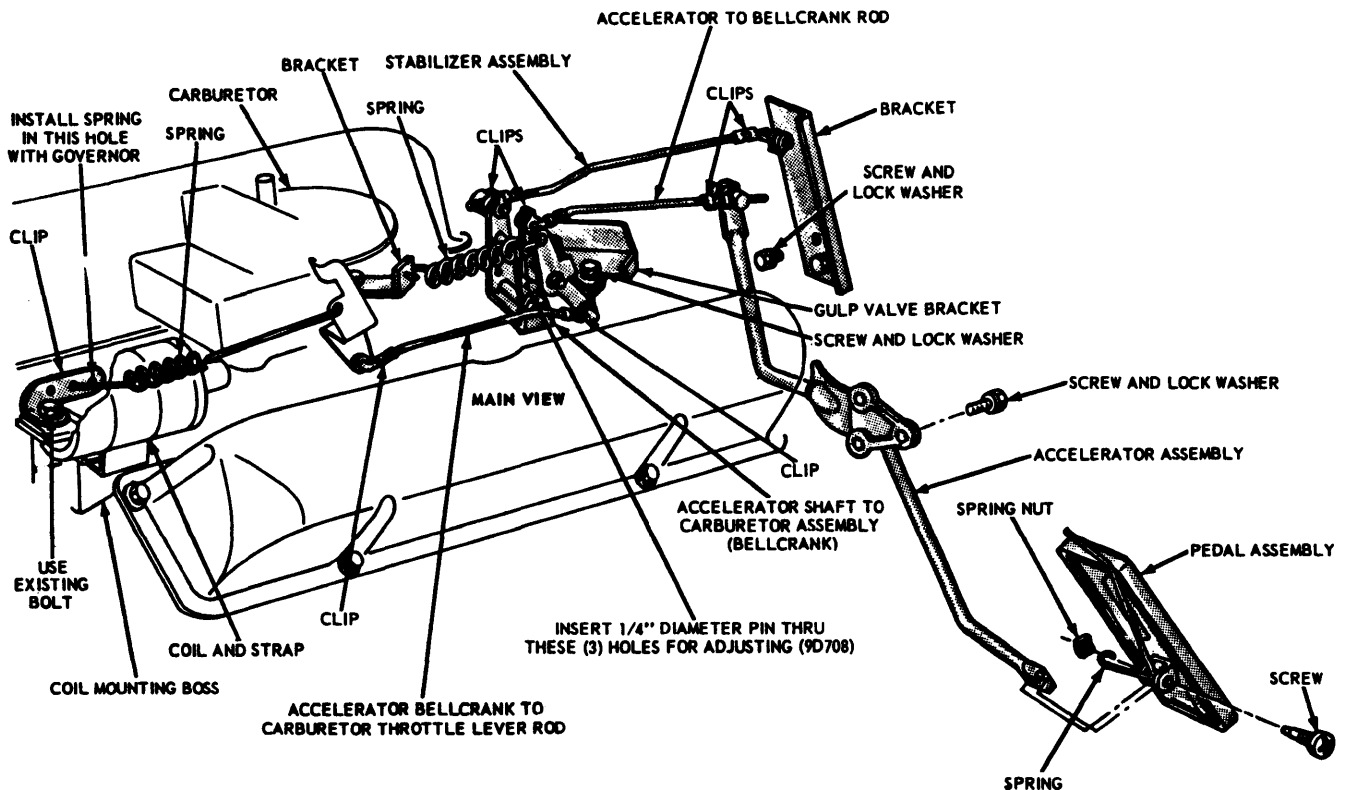
### IGNITION COIL

Application	① Ford Part No.
Conventional.....	B6A-B
Transistorized.....	C3TZ-A

① - Basic number is 12029. Table gives prefix and suffix.

Resistance	Ohms @ 75°F
Conventional	
Primary .....	1.40-1.54
Secondary.....	7,600-8,800
Transistorized	
Primary .....	.226-.251
Secondary.....	4,900-5,680

## CARBURETION



8FO02

### ACCELERATOR LINKAGE (TYPICAL)

## CARBURETORS

Ford Model 2100 2-Bbl.

Application	① Ford Part No.	
	Man. Trans.	Auto. Trans.
289" .....	C8TF-AA .....	
360" .....		
W/O Emission Control .....	C8TF-Y .....	C8TF-Z
W/Emission Control .....	C8TF-AB .....	C8TF-AE
390" .....		
W/O Emission Control .....	C8TF-Y .....	C8TF-Z
W/Emission Control .....	C8TF-AD .....	C8TF-AE

① — Basic number is 9510. Table gives prefix and suffix.

Other Data & Specifications — See *Tune-Up and Ford Carburetors* in **CARBURETION** Section.

## ACCELERATOR AND DOWNSHIFT LINKAGE ADJUSTMENT

**Accelerator Linkage Adjustment** — Disconnect retaining clip and bellcrank stabilizer clevis from bellcrank assembly. Insert ¼ inch diameter adjustment pins through adjustment holes in bellcrank assembly. Adjust bellcrank stabilizer clevis so that it fits freely in bore of bellcrank. Connect retaining clip and bellcrank stabilizer to bellcrank. **NOTE** — Make sure clip is positioned securely. Remove adjustment pins. Depress accelerator pedal to wide open position and adjust control rod assembly until carburetor throttle lever just reaches wide open position. Shorten control rod assembly one turn. Reinstall clips and tighten all nuts and bolts.

**Downshift Linkage Adjustment** — With accelerator linkage correctly adjusted, hold throttle in wide open position. Place a .060" feeler gauge between throttle lever and adjusting screw. Loosen adjusting screw lock nut and turn adjusting screw until downshift lever on transmission is against internal stop. Tighten adjusting screw lock nut.

## ELECTRICAL

### BATTERY

12 Volt — Negative Ground.

Filler Caps	Plates	Amps.
Yellow .....	54 .....	45
Red .....	66 .....	55
Red .....	66 .....	70
Yellow .....	78 .....	70

### STARTER

Application	① Ford Part No.
289" .....	C5TZ-A
360", 390" .....	C3OZ-C

① — Basic number is 11002. Table gives prefix and suffix.

Other Data & Specifications — See *Ford Starters* in **ELECTRICAL** Section.

### ALTERNATOR

Application	I.D. Color (Amps.)	① Ford Part No.
F100/350 .....	Purple (38) .....	D0AZ-E
F100/350 .....	Orange (42) .....	D0AZ-E
U100 .....	Purple (38) .....	D2AZ-C
U100 .....	Orange (42) .....	D2AZ-C
All .....	Red (55) .....	D0AZ-F
All .....	(70) .....	D1AZ-A

① — Basic number is 10346. Table gives prefix and suffix.

Other Data & Specifications — See *Ford Alternators* in **ELECTRICAL** Section.

### ALTERNATOR REGULATOR

Application	Ford Part No.
All (W/O Transistorized) .....	C3SZ-10316-B
All (W/Transistorized) .....	C6AZ-10316-A

Other Data & Specifications — See *Ford Alternator Regulators* in **ELECTRICAL** Section.

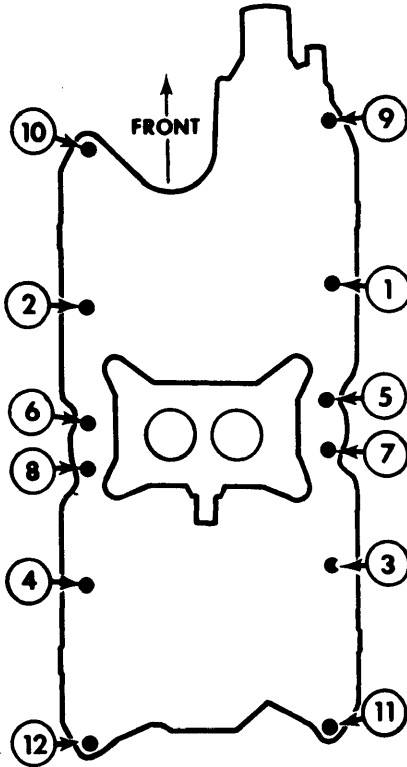
# 1968 Ford V8 Tune-Up

## ENGINE

### INTAKE MANIFOLD TIGHTENING

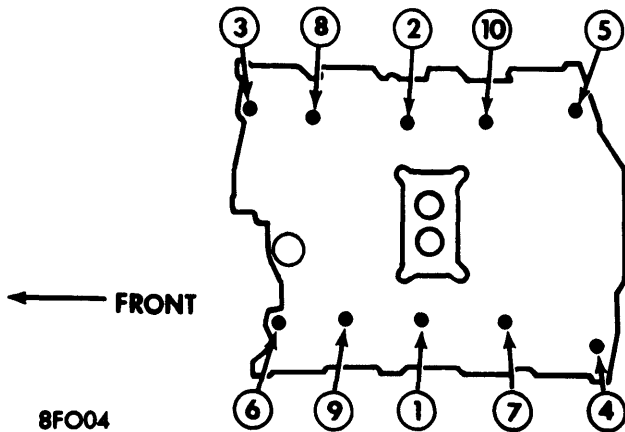
Tighten intake manifold bolts in sequence shown to specifications.

Application	Torque (Ft. Lbs.)
289" .....	20-22
360", 390" .....	32-35



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### 289" INTAKE MANIFOLD TIGHTENING SEQUENCE



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### 360" & 390" INTAKE MANIFOLD TIGHTENING SEQUENCE

### BELT ADJUSTMENT

Tension (Lbs.) Using Strand Tension Gauge

New Belt .....	120-140
Used Belt .....	80-110

### FILTERS & CLEANERS

Filter or Cleaner	Service Interval (Miles)
Oil Filter .....	6,000
Air Filter (Oil Bath) .....	6,000
Air Filter (Dry Type) .....	12,000
A.I.R. Filter .....	12,000
Crankcase Breather .....	6,000
Fuel Filter .....	12,000

### COOLING CAPACITIES

Application	Quantity
289" .....	16 qts.
360", 390"	
F100/250 .....	21 qts.
F350 .....	24 qts.
P350 .....	18 qts.

### CAPACITIES (EXCEPT COOLING)

Application	Quantity
Crankcase (Includes Filter) .....	5 qts.
Fuel Tank	
U100 .....	14.5 gals.
F100/350 (Cab Models) .....	19.5 gals.
P350 .....	17 gals.
F250/350 (Cowl Models) .....	17 gals.
Drive Axles .....	①
Transfer Case	
F100 .....	1.75 pts.
F250 .....	4.5 pts.
U100 .....	2.75 pts.
Automatic Transmission	
C-4 .....	10.25 qts.
C-6 .....	13 qts.
MX-HD .....	11 qts.
Manual Transmission	
Ford 3.03 .....	3.5 pts.
T-19 .....	6.5 pts.
T-85 .....	4 pts.
T-87G .....	5.5 pts.
T-89F .....	3.3 pts.
New Process 435 .....	6.75 pts.

① - Fill to bottom of filler plug hole.