

4.2L, 5.0L & 5.8L (W) V8 ENGINES

IDENTIFICATION CODING

ENGINE IDENTIFICATION

Engine is identified by a letter code, eighth digit of Vehicle Identification Number, located inside windshield on left upper side of instrument panel. The VIN number is also located on the Safety Compliance Certification Label located on left door lock pillar.

Engine Identification Codes

Application	VIN Code
4.2L (255") 2-Bbl.	D
5.0L (302") 2-Bbl.	F
5.8L (351" W) 2-Bbl.	W

ENGINE REMOVAL

See *Engine Removal at end of ENGINE Section.*

CYLINDER HEAD & MANIFOLD

INTAKE MANIFOLD

Removal – 1) Drain cooling system. Remove air cleaner and duct assembly. Disconnect accelerator rod, choke cable, speed control and kickdown rod at carburetor. Remove accelerator retracting spring. Disconnect high-tension lead and wires from coil. Disconnect spark plug wires from plugs, then remove distributor cap and wires as an assembly.

2) Remove fuel line at carburetor. Disconnect fuel evaporation hoses. Disconnect distributor vacuum lines and remove distributor. Disconnect radiator and heater hoses at intake manifold and water pump. Disconnect temperature sending unit wire. Disconnect crankcase vent hose at rocker arm cover. Remove intake manifold attaching bolts, then remove manifold and carburetor as an assembly. Remove and discard gaskets and seals. Discard attaching bolt sealing washers.

Installation – 1) Clean all gasket surfaces thoroughly and apply suitable oil resistant sealer at 4 points of gasket-to-gasket contact. Position manifold gaskets (valley baffle on 5.8L) on surface of cylinder heads. Lock front and rear sealing gaskets into tabs on manifold gaskets. Check that all gaskets are aligned properly.

2) Lower manifold into position taking care not to misalign manifold gaskets. Install manifold bolts, tighten in two steps in sequence shown in Fig. 1. Reverse removal procedure to install remaining components. Warm engine to normal operating temperature, shut off engine, and retighten manifold bolts to specifications.

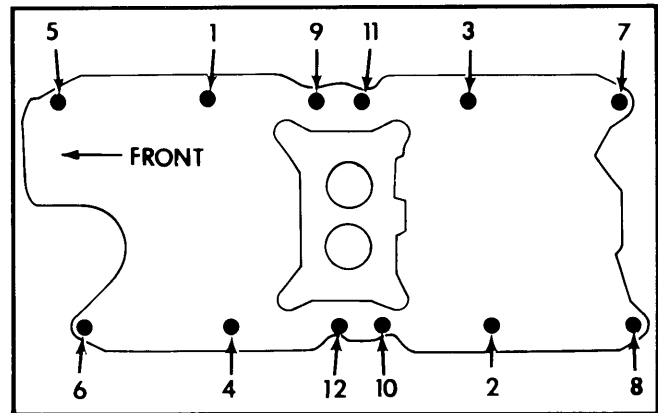


Fig. 1 Tightening Sequence for Intake Manifold

CYLINDER HEAD

Removal – 1) Remove intake manifold and rocker arm covers. If right cylinder head is to be removed, remove alternator and air pump mounting bracket bolts and swing alternator out of way. Remove ignition coil and air cleaner inlet duct. If left cylinder head is to be removed, remove bolts from A/C bracket at front of cylinder head.

2) Remove oil dipstick and tube. Disconnect speed control brackets from cylinder head and disconnect exhaust manifold from muffler pipe. Remove rocker arm fulcrum bolts and remove rocker arm and push rods in sequence for reinstallation in original positions. Remove exhaust valve caps and cylinder head attaching bolts and lift head off engine.

Installation – 1) Clean all gasket surfaces thoroughly. Check cylinder head and block for flatness if cylinder head was removed for gasket replacement. Position new cylinder head gasket over dowel pins on block surface.

NOTE – A specially treated composition gasket is used and does not require sealer.

2) Install cylinder heads and bolts. Tighten 5.8L (W) head bolts in 3 steps and all others in 2 steps. Tighten bolts in sequence shown in Fig. 2. Reverse removal procedure for installation of remaining components.

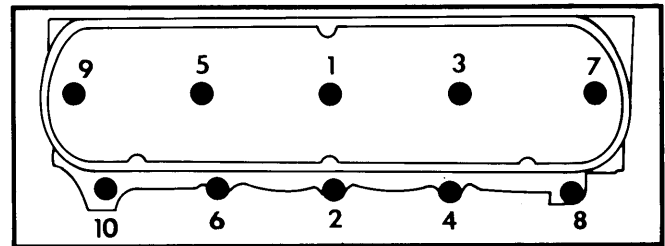


Fig. 2 Tightening Sequence for Cylinder Head

VALVES

VALVE ARRANGEMENT

E-I-E-I-E-I-E-I (Left bank, front to rear).
I-E-I-E-I-E-I-E (Right Bank, front to rear).

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

VALVE GUIDE SERVICING

To ream guides for installation of valves with oversize stems, always use reamers in size sequence and reface valve seat after valve guide is reamed. Reamers are furnished .003" oversize with standard diameter pilot; .015" oversize with .003" oversize pilot; and .030" oversize with .015" oversize pilot.

NOTE — Use suitable scraper tool to break sharp corner (ID) at top of valve guide after reaming.

VALVE STEM OIL SEALS

Cup or umbrella type oil seals are used on all valves. Lubricate valve stem with engine oil and install new valve stem seal with cup side down over valve guide using $\frac{5}{8}$ " deep well socket and light mallet to seat seal on valve stem.

VALVE SPRINGS

Removal — 1) Remove air cleaner, crankcase ventilation regulator valve, and any Thermax air hoses (if equipped) as necessary from rocker arm cover(s), remove cover(s). Remove spark plug from any cylinder to be serviced.

2) Install air line with adapter into spark plug hole. Remove appropriate rocker arm(s) and push rod(s). Remove exhaust valve stem caps and use spring compressing tool to remove retainer locks. Remove and discard valve stem seal after removing spring retainer and valve spring.

NOTE — If air pressure fails to hold valve closed, remove cylinder head for inspection of valve seat area.

CAUTION — Do not remove air pressure from cylinder as this will allow valve to fall into cylinder if piston has been forced to bottom of cylinder.

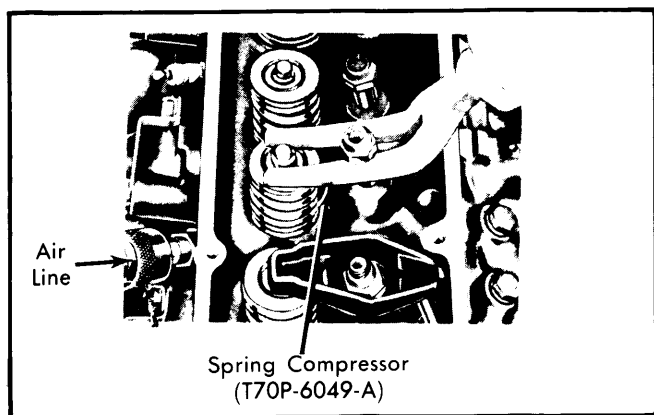


Fig. 3 Compressing Valve Springs for Removal

Installation — 1) With valve stem seals installed, place spring in position over valve and position spring retainer and sleeve. Compress valve spring and install retainer locks.

2) Apply Lubriplate (or equivalent) to end of push rods and tip of valve stem. Install valve stem caps, rocker arms and tighten. Replace all parts removed in reverse of removal procedure.

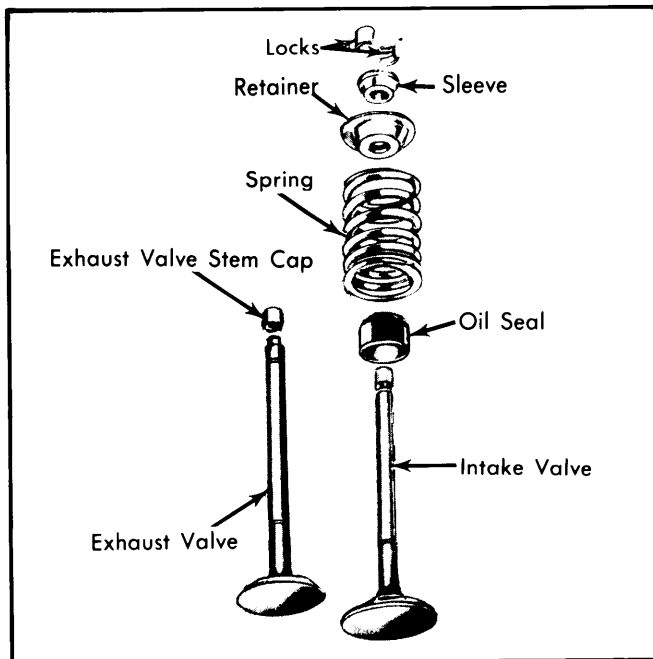


Fig. 4 Exploded View of Valve Assemblies

VALVE SPRING INSTALLED HEIGHT

Valve spring ends must be square within $\frac{5}{64}$ " tolerance. Installed height of valve spring must not exceed specifications. Measure spring height from surface of cylinder head pad to underside of spring retainer. If height is greater than specified, install .030" spacer on head under spring to bring height within limits.

CAUTION — Install spacers only if necessary and do not use more than two spacers as any more will overstress springs and overload camshaft lobes.

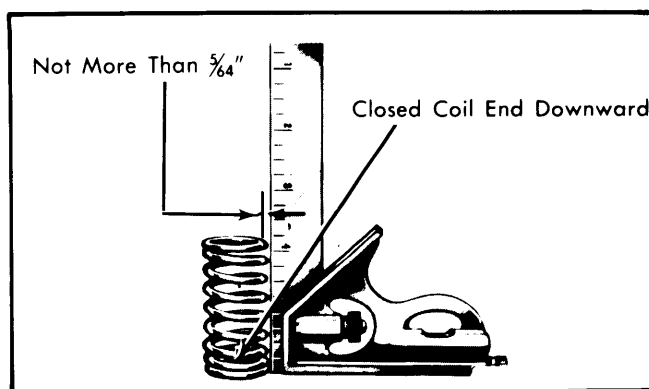


Fig. 5 Checking Valve Spring Squareness

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

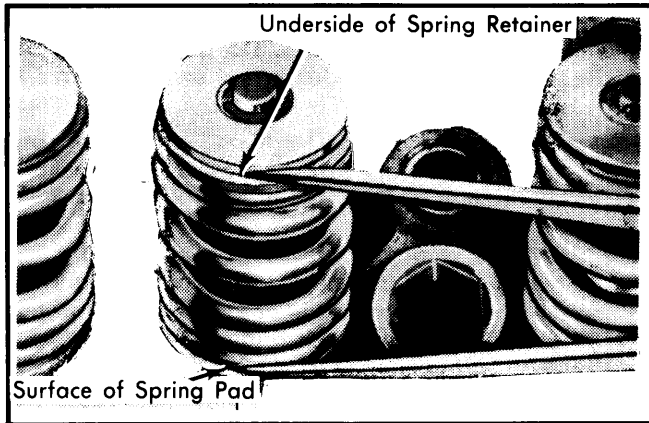


Fig. 6 Checking Installed Height of Valve Spring

Valve Spring Installed Height Specifications

Application	Specifications
4.2L & 5.0L	
Int.	143/64" - 145/64"
Exh.	137/64" - 139/64"
5.8L (W)	
Int.	149/64" - 151/64"
Exh.	137/64" - 139/64"

ROCKER ARM ASSEMBLY

Inspect rocker arms, fulcrum seats, rocker arm studs, rocker arm stud nuts and fulcrum guides for undue or excessive wear. Replace all parts which show wear.

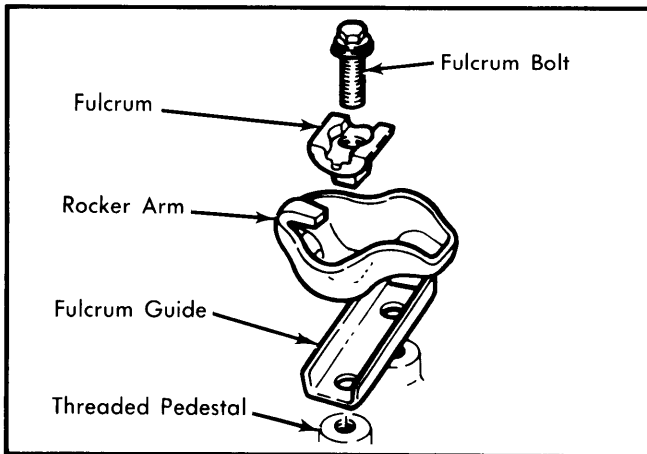


Fig. 7 Rocker Arm Assembly

ROCKER ARM STUDS

Removal — Studs with worn or damaged threads can be removed using suitable stud pulling tool. Broken studs will require use of drill or screw extractor tool. Loose studs will need stud boss reamed to fit oversize studs.

Replacement — Normal stud replacement requires only use of suitable stud driver which will contact stud boss when stud is driven in to correct height. If oversize stud is needed, use reamers in sequence to obtain correct size. Studs are available in .006", .010", and .015" oversizes. Use suitable stud driver to install oversize stud to correct height.

HYDRAULIC VALVE LIFTER ASSEMBLY

Lifters should be serviced as assemblies only, internal parts are matched sets and cannot be interchanged. Leak down rate on hydraulic lifters is 10-50 seconds at 1/16" plunger travel using suitable leak down tester. Replace lifter assembly if any sign of malfunction occurs.

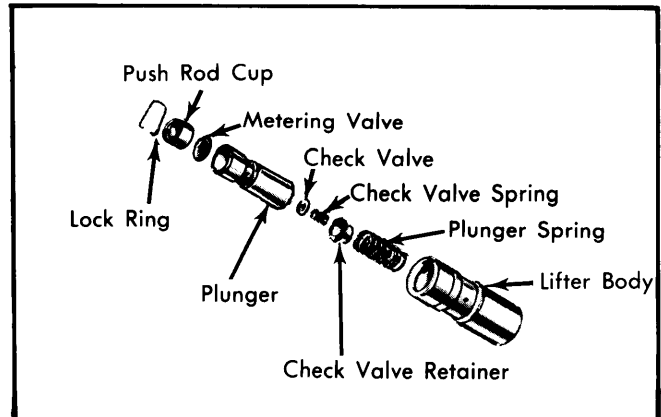


Fig. 8 Disassembled View of Hydraulic Valve Lifter

HYDRAULIC VALVE LIFTER ADJUSTMENT

1) Positive stop rocker arm stud eliminates necessity of adjusting valve clearance, but to obtain specified valve clearance, it is important that all valve components be in serviceable condition and installed properly. With crankshaft in positions designated in following procedure, slowly apply pressure to bleed down tappet until plunger is completely bottomed, using suitable tappet compressor.

2) Check clearance between rocker arm and valve stem tip with feeler gauge. If clearance is less than specified, install a shorter push rod. If clearance is greater than specifications, install longer push rod.

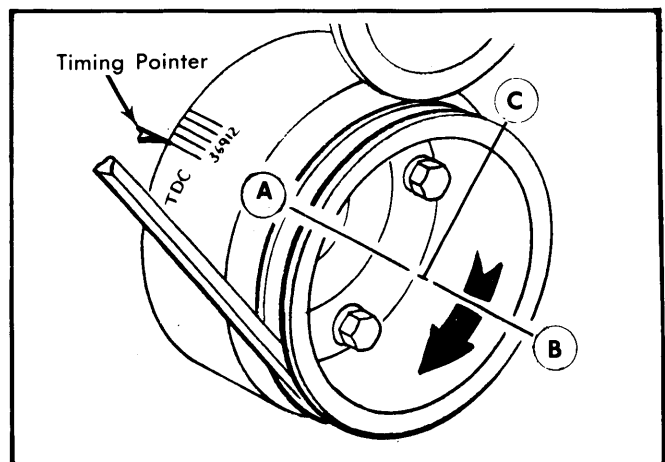


Fig. 9 Crankshaft Positions for Adjusting Hydraulic Valve Lifters

4.2L & 5.0L Engines — 1) With No. 1 piston on TDC at end of compression stroke (position A in Fig. 9), check valve clearance on the following valves: No. 1 intake, No. 1 exhaust, No. 7 intake, No. 5 exhaust, No. 8 intake, No. 4 exhaust.

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

2) Rotate crankshaft to position B (see Fig. 9) by rotating crankshaft 180° clockwise from TDC position. Check clearance on the following valves: No. 5 intake, No. 2 exhaust, No. 4 intake, No. 6 exhaust.

3) Rotate crankshaft to position C (see Fig. 9) by rotating crankshaft 270° clockwise from position B. Check clearance on the following valves: No. 2 intake, No. 7 exhaust, No. 3 intake, No. 3 exhaust, No. 6 intake, No. 8 exhaust.

5.8L (W) Engine - 1) With No. 1 piston on TDC at end of compressionstroke (position A in Fig. 9), check valve clearance on the following valves: No. 1 intake, No. 1 exhaust, No. 4 intake, No. 4 exhaust, No. 8 intake, No. 7 exhaust.

2) Rotate crankshaft to position B (see Fig. 9) by rotating crankshaft 180° clockwise from the TDC position. Check clearance on the following valves: No. 3 intake, No. 2 exhaust, No. 7 intake, No. 6 exhaust.

3) Rotate crankshaft to position C (see Fig. 9) by rotating crankshaft 270° clockwise from position B. Check clearance on the following valves: No. 2 intake, No. 4 exhaust, No. 5 intake, No. 5 exhaust, No. 6 intake, No. 8 exhaust.

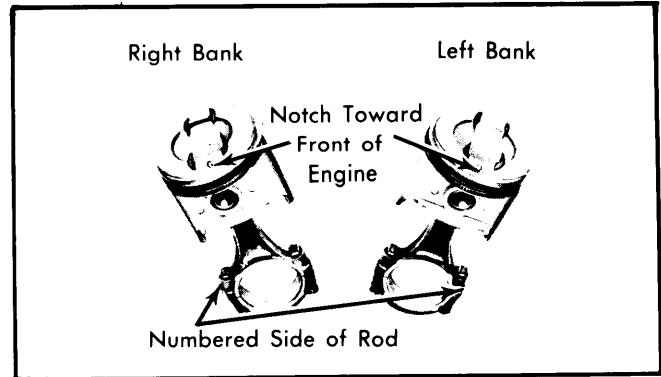


Fig. 10 Piston and Connecting Rod Assembly

FITTING PISTONS

Measure piston at centerline of piston pin bore 90° to pin bore axis. Measure cylinder bore at right angle to centerline of crankshaft, below ring travel. Piston-to-bore clearance should be as shown in Pistons, Pins & Rings table. Check Piston Size Code Chart to determine correct size. Make sure both piston and cylinder block are at normal room temperature (70°F) when fitting.

Collapsed Lifter Clearance		
Application	Allowable	Desired
4.2L & 5.8L (W)071-.193"	.096-.165"
5.0L098-.198"	.123-.173"

PISTON, PINS & RINGS

OIL PAN

See Oil Pan Removal at end of ENGINE Section.

PISTON & ROD ASSEMBLY

Removal - 1) With cylinder head and oil pan removed, use ridge reamer to remove any ridge or deposit on upper end of cylinder bore. Place piston at bottom of stroke and place shop towel or cloth lightly soaked in oil over piston dome to collect cuttings.

NOTE - Never cut more than 1/32" from bore in ring travel area.

2) Inspect connecting rods and caps for cylinder identification and mark as necessary. Remove rod cap and push piston and rod assembly out of top of cylinder taking care not to nick crankshaft journal or to score cylinder wall.

Installation - 1) Lightly coat cylinder bore, piston and rings with engine oil. Ensure that ring gaps are properly spaced as shown in Fig. 17. Install a ring compressor on piston.

NOTE - Be sure largest chamfer at bearing end of rod is positioned towards crank pin thrust face of crankshaft.

2) Install each piston and rod assembly (with notch on piston head facing front of engine) in respective bore, guide connecting rod onto crankshaft journal while tapping piston dome with suitable wooden handle to seat connecting rod against crankshaft. Install rod caps and tighten.

Piston Size Code Chart	
Code	Piston Size
4.2L	
Red	3.6784-3.6790"
Blue	3.6798-3.6804"
.003" Oversize	3.6812-3.6818"
5.0L	
Red	3.9984-3.9990"
Blue	3.9960-4.0000"
.003" Oversize	4.0008-4.0014"
5.8L	
Red	3.9978-3.9984"
Blue	3.9990-3.9996"
.003" Oversize	4.0002-4.0008"

PISTON PINS

Removal - Using arbor press and piston pin removal tool T68P-6135A (or equivalent), press piston pin from piston and connecting rod.

Installation - Start piston pin in piston and connecting rod. Using arbor press and installing tool T68P-6135A (or equivalent), press piston pin through piston into connecting rod until pin is centered in connecting rod.

FITTING RINGS

1) Position ring in the cylinder bore that it will be used in. Push ring down to point in bore where ring wear is not encountered. Use head of piston to position ring squarely in bore.

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

2) Measure gap between ends of ring using a feeler gauge, if not to specification, substitute another ring set until rings are within specification.

CAUTION — Use care to avoid damage to ring or cylinder bore.

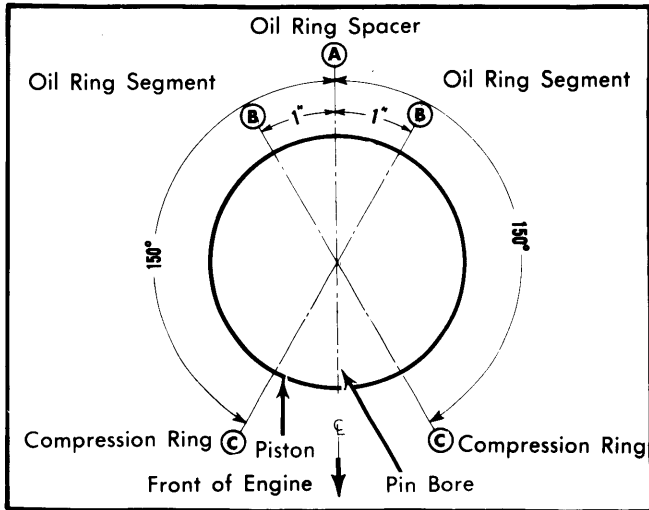


Fig. 11 Correct Spacing for Piston Rings

CRANKSHAFT & ROD BEARINGS

MAIN & CONNECTING ROD BEARINGS

Connecting Rod Bearings — 1) To change connecting rod bearings, remove and inspect caps for cylinder identification to ensure correct position for replacement. With crankshaft lined up in center of cylinder bore, push piston upward into block enough to allow removal of upper half of bearing.

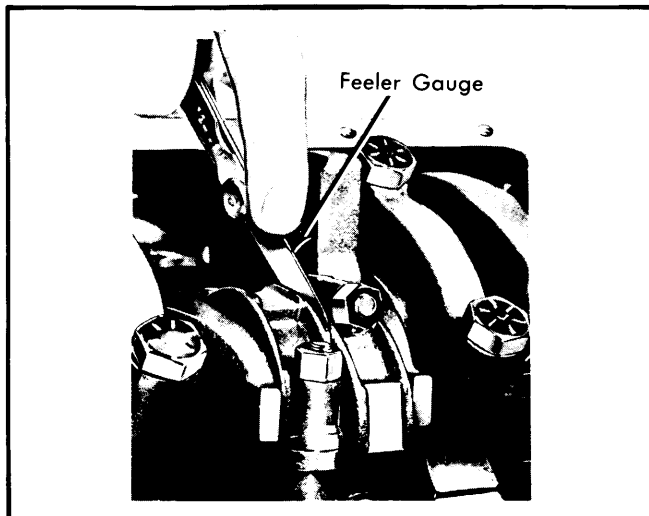


Fig. 12 Measuring Connecting Rod Side Clearance

2) After rod bearings have been fitted using Plastigage method, apply light coat of engine oil to journals and bearings. With crankshaft throw at bottom of stroke and upper half of bearing installed, move piston down until connecting rod bearing seats on crank journal. Install connecting rod cap and tighten. Check connecting rod side clearance.

Main Bearings — 1) Mark main bearing caps for identification before removal from block. Remove upper half of main bearing by inserting removal tool 6331 (or equivalent) in oil hole of crankshaft and slowly rotate crankshaft in direction of engine rotation.

NOTE — Replace one bearing at a time leaving other bearings secured until ready to change.

2) Determine journal clearance by using Plastigage method. When checking main bearings, place a jack under counterweight adjoining bearing being gauged to avoid erroneous reading.

3) If bearing clearance is excessive, a .001" or .002" undersize bearing half may be used in combination with a standard size half. If .002" undersize bearings are used on more than one journal, they may be positioned in engine block rather than bearing cap. If standard and .002" undersize combination did not bring bearing clearance within specified limits, crankshaft will have to be refinished and suitable undersize bearings installed.

4) To install upper main bearing, lubricate bearing with engine oil and place plain end of bearing over crankshaft on locking tang side of block. Partially insert bearing to allow tool 6331 to be inserted into oil hole in crankshaft journal. Rotate engine in opposite direction of engine rotation until bearing tang is seated. Remove tool and install bearing cap and tighten.

THRUST BEARING ALIGNMENT

Install thrust bearing cap after all other main caps have been tightened. Install thrust bearing cap with bolts finger tight. Pry crankshaft forward against thrust surface of upper half of bearing. Hold crankshaft forward and pry thrust bearing cap to rear, this will align thrust surfaces of both halves of bearing. Retain forward pressure on crankshaft and torque cap bolts to specifications. See Fig. 13.

REAR MAIN BEARING OIL SEAL

Removal — 1) Complete seal can be replaced without removing crankshaft. Remove oil pan and oil pump (if required), loosen all main bearing cap bolts to lower crankshaft slightly, but not to exceed $\frac{1}{32}$ ".

2) Remove rear main bearing cap and remove oil seal from bearing cap and block. On block half of seal, use seal removing tool or place small metal screw in one end of seal and pull on screw to remove seal. Prevent scratching or damage to

3) Remove oil seal retaining pin from bearing cap if so equipped, as replacement seal does not use pin. Discard pin.

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

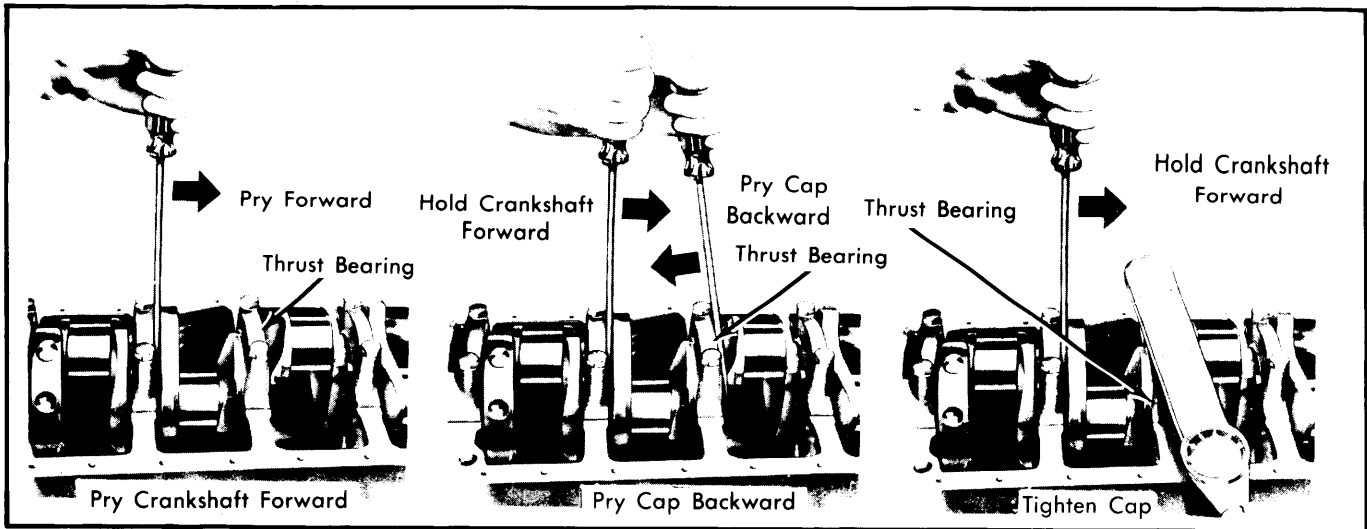


Fig. 13 Aligning Thrust Bearing

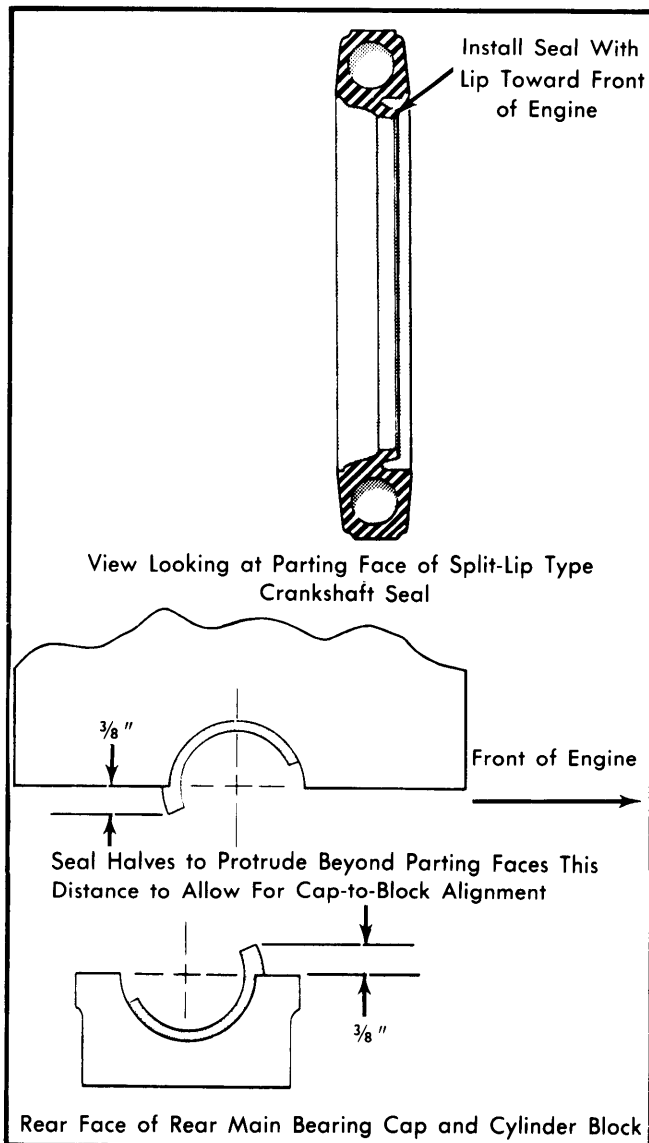


Fig. 14 Installing Crankshaft Rear Oil Seal

Installation – 1) Clean oil seal groove, dip split-lip seal halves in engine oil. Carefully install block upper seal into groove. Ensure undercut (lip) side of seal is toward front of engine. Install by rotating seal on crankshaft journal until approximately $\frac{3}{8}$ " of seal protrudes from parting surface. See Fig. 14.

CAUTION – Avoid shaving any rubber from outside diameter of seal by bottom edge of groove. Do not allow any oil to get into sealing area.

2) Tighten remaining bearing cap bolts to torque specifications. Install lower seal in rear main bearing cap with undercut side of seal toward front of engine, allowing seal to protrude approximately $\frac{3}{8}$ " above parting surface to mate with upper seal when cap is installed.

3) Apply suitable oil-resistant sealer to bearing edges and install rear main bearing cap. Torque cap bolts to specifications and reinstall oil pump, oil pan, and all other related parts.

CAMSHAFT

ENGINE FRONT COVER

Removal – Drain cooling system and crankcase. Remove fan, spacer and all hoses or brackets attaching to water pump. Remove crankshaft pulley and use suitable puller to remove vibration damper. Disconnect fuel pump outlet line from fuel pump, remove fuel pump bolts and move pump to one side. Remove front cover bolts and cut oil pan gasket flush with cylinder block. Remove front cover and water pump as an assembly.

Installation – Clean all gasket surfaces. Use suitable sealer and install gaskets and seals. Use suitable tool to center front cover on crankshaft, install bolts and tighten. Install all related parts.

FRONT COVER OIL SEAL

Removal – Remove front cover following procedure given in Front Cover Removal. Using suitable pin punch, drive out old seal taking care not to damage seal surface.

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

Installation — Coat seal with grease and drive into front cover using suitable tool (T58P-6700-B or equivalent). Check seal to make sure that edges are fully seated and spring is properly positioned in seal. Reassemble in reverse order of removal.

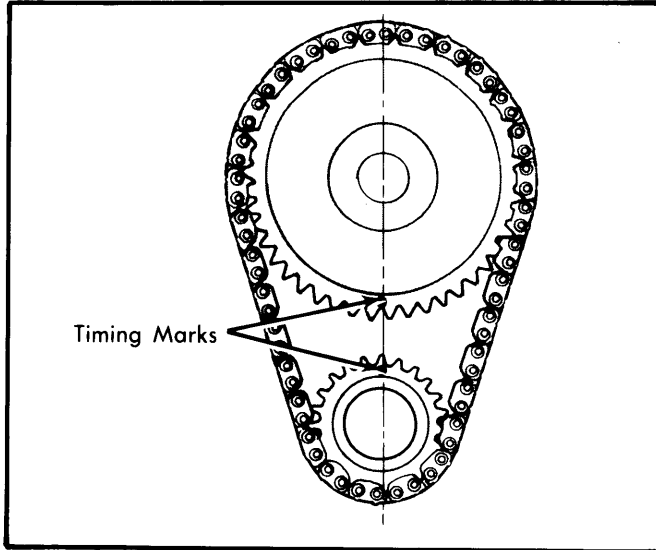


Fig. 15 Aligning Timing Marks

TIMING CHAIN

Removal & Installation — Crank engine until timing marks are positioned properly. See Fig. 15. Remove camshaft sprocket cap screw, washers and fuel pump eccentric. Slide both sprockets and timing chain forward off key ways and remove as an assembly. To install, position timing chain on sprockets with timing marks aligned. Slide timing chain and sprockets onto crankshaft and camshaft as an assembly. Install fuel pump eccentric, washers and sprocket cap screw. Tighten bolt and then oil timing chain.

CAMSHAFT

Removal & Installation — 1) Drain cooling system, remove radiator, front cover, timing chain and related parts. Remove intake manifold and related parts. Remove valve covers and loosen rocker arms. Remove push rods and valve lifters in sequential order so as to return to original location. Remove grille on "E" models.

CAUTION — Do not scar or mark camshaft lobes or bearing journals while removing camshaft. See Fig. 17.

2) Remove thrust plate and carefully pull camshaft out through front of engine. Oil camshaft journals with engine oil and apply Lubriplate to lobes. Carefully slide camshaft through cam bearings and install camshaft thrust plate. Reassemble engine in reverse of removal procedures.

CAUTION — Do not attempt to pry camshaft back and forth in block with valve train load on camshaft.

CAMSHAFT BEARINGS

NOTE — Camshaft bearings are not interchangeable from one bore to another.

Removal & Installation — Remove camshaft, flywheel and crankshaft. Push pistons to top of cylinders. Remove camshaft rear bearing bore plug and remove camshaft bearings. Using a suitable cam bearing installation tool, fit cam bearings into block assembly. Make sure oil holes are properly aligned in each journal. Be sure front bearing is installed to specified distance below front face of cylinder block. Distance specified is .005-.020".

CAMSHAFT END THRUST

Rocker arm stud nuts or bolts must be loosened sufficiently to free load on camshaft. Push camshaft toward rear of engine and install dial indicator. Position indicator so that point is on camshaft sprocket attaching bolt. Zero dial indicator. Position screwdriver between camshaft sprocket and gear and front of block. Pull camshaft forward and release, if end play is excessive, replace thrust plate.

CAM LOBE LIFT

Check lift of each camshaft lobe in consecutive order as follows:

1) Remove all rocker arms. Make sure each push rod is in valve lifter socket. Install dial indicator allowing ball socket adapter of dial indicator to rest on end of push rod in same plane as push rod movement. See Fig. 16.

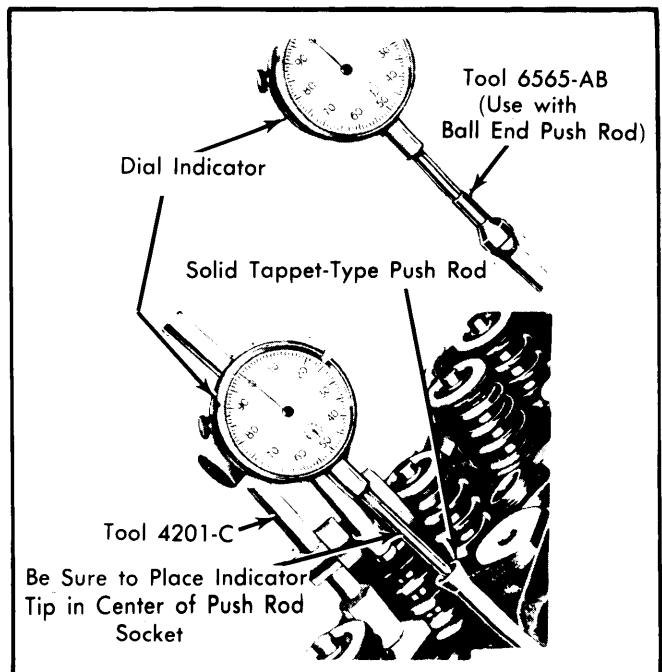


Fig. 16 Checking Camshaft Lobe Lift

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

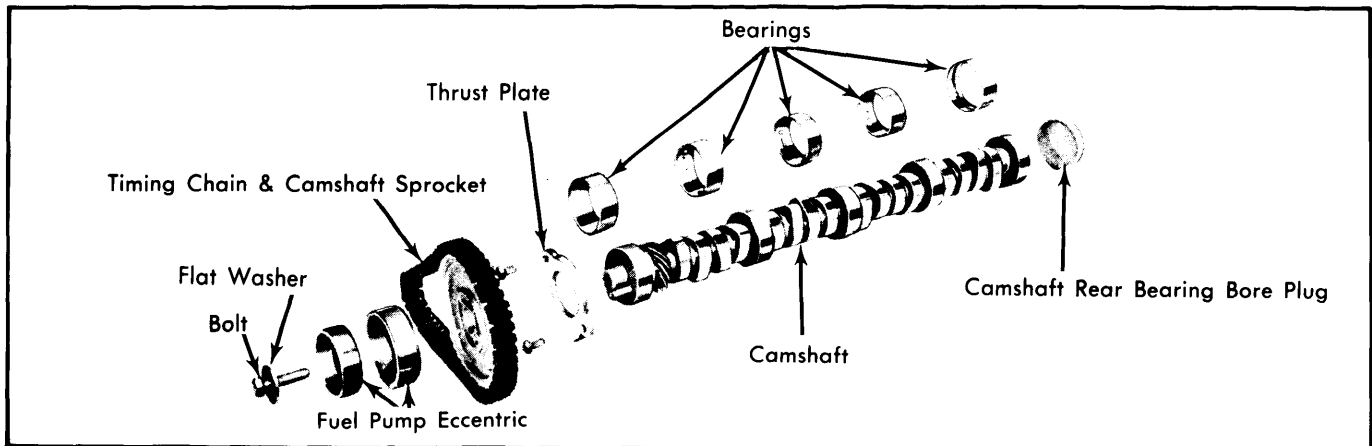


Fig. 17 Exploded View of Camshaft Assembly

2) Using remote starter switch (with ignition OFF), turn engine until valve lifter being checked is on base circle of camshaft lobe indicating lowest point of push rod travel.

3) Zero dial indicator and continue to rotate engine until push rod is in fully raised position giving highest indicator reading. Continue same procedure for each camshaft lobe. Compare camshaft lift from dial indicator readings with specifications.

4) To check accuracy of dial indicator readings, continue to rotate engine until dial indicator reads zero. If lift on any camshaft lobe is .005" less than specifications, valve lifters are operating on worn camshaft lobes, indicating need for camshaft replacement.

ENGINE OILING

Crankcase Capacity — 5 quarts. Add 1 quart with filter change.

Oil Filter — Replace at first oil change and every second oil change following.

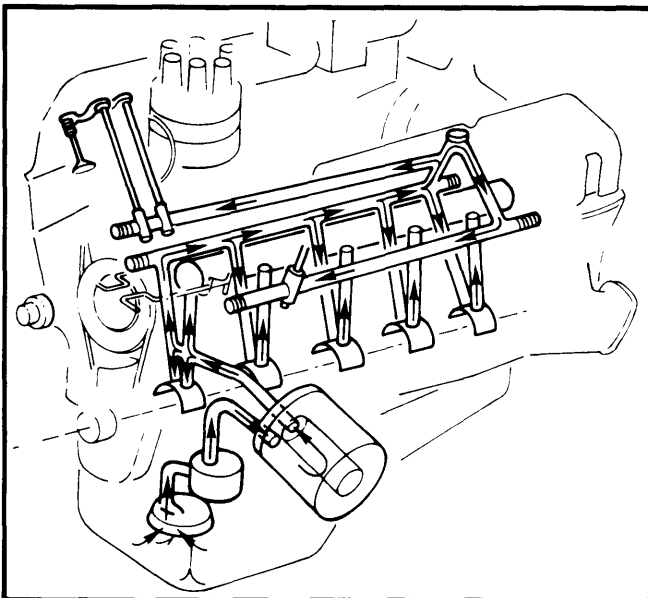


Fig. 18 Engine Oiling System

Normal Oil Pressure — 4.2L & 5.0L engines have 40-60 psi at 2000 RPM, 5.8L (W) engines have 40-65 psi at 2000 RPM.

Pressure Regulator Valve — Housed in oil pump body on all engines. Not adjustable.

ENGINE OILING SYSTEM

System is pressure feed from rotor type oil pump in left forward section of engine. Oil flows through full flow oil filter before entering main oil gallery on right side of camshaft. Oil from main gallery enters main bearings through drilled passages in block, passes through main bearings up to camshaft bearings. Oil moves through secondary drilled passages from main bearings to lifter galleries, push rods pick oil up from lifters and through rotation of push rod moves oil up to top of head assembly to rocker arms. Oil is returned through drain holes in head assemblies back down into crankcase. See Fig. 18.

OIL PUMP

Removal & Disassembly — Remove oil pan, attaching bolts and oil pump from engine. Remove oil inlet tube, cover attaching screws, and cover. Remove inner rotor and shaft assembly, remove outer race. Drill small hole into oil pressure relief spring valve chamber cap. Insert self-threading sheet metal screw into the cap and pull from chamber. Remove the spring and plunger. See Fig. 19.

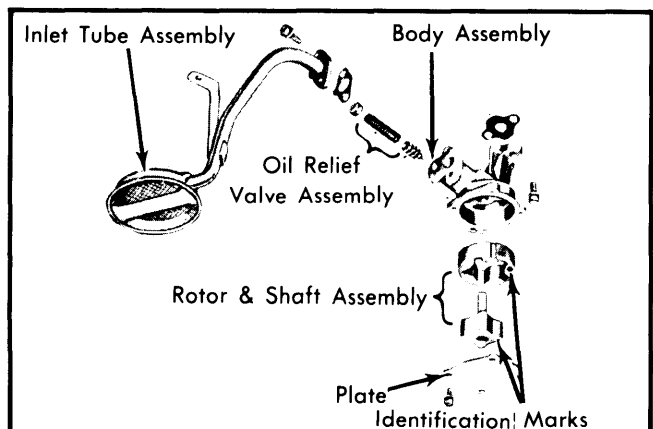


Fig. 19 Disassembled View of Oil Pump

Ford V8 Engines

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

Reassembly & Installation – 1) Clean, inspect and oil all parts thoroughly. Install relief valve plunger, spring and new cap. Stake cap into position. Install outer race and inner rotor and shaft assembly.

NOTE – Identification mark on rotor and on outer race must face outward and to same side.

2) – Install cover and tighten bolts. Position oil inlet tube on oil pump, install new gasket and tighten attaching bolts. Prime pump by submerging in oil and rotating shaft until oil flows from outer port.

Oil Pump Specifications	
Application	Specifications
Relief Valve Spring Tension	
4.2L & 5.0L	10.6-12.2 lbs.@1.74"
5.8L (W)	18.2-20.2 lbs.@2.49"
Shaft-to-Housing Clearance0015-.0030"
Relief Valve Clearance0015-.0030"
Rotor Assembly End Clearance004" Max.
Outer Race-to-Hsg. Clearance001-.013"

ENGINE SPECIFICATIONS

GENERAL SPECIFICATIONS							
Year	Displ. Cu. Ins.	Carburetor	HP at RPM	Torque (Ft. Lbs. at RPM)	Compr. Ratio	Bore	Stroke
1981	255"	2-Bbl.	3.68"	3.00"
	302"	2-Bbl.	4.00"	3.00"
	351" (W)	2-Bbl.	4.00"	3.50"

VALVES							
Engine & Valve	Head Diam.	Face Angle	Seat Angle	Seat Width	Stem Diameter	Stem Clearance ^①	Valve Lift
4.2L & 5.0L	1.690-1.694"	44°	45°	.060-.080"	.3416-.3423"	.0010-.0027"	.382"
			45°	.060-.080"	.3411-.3418"	.0015-.0032"	.398"
5.8L (W)	1.770-1.794"	44°	45°	.060-.080"	.3416-.3423"	.0010-.0027"	.4186"
			45°	.060-.080"	.3411-.3418"	.0015-.0032"	.4186"

① – Service clearance – .0055"

PISTONS, PINS, RINGS						
Engine	PISTONS	PINS		RINGS		
	Clearance	Piston Fit	Rod Fit	Rings	End Gap	Side Clearance
4.2L & 5.0L	.0018-.0026"	.0002-.0004"	Interference Fit	1	.010-.020"	.0019-.0036"
				2	.010-.020"	.0020-.0040"
				3	.010-.035"	Snug
5.8L (W)	.0018-.0026"	.0003-.0005"	Interference Fit	1	.010-.020"	.0019-.0036"
				2	.010-.020"	.0020-.0040"
				3	.010-.035"	Snug

CRANKSHAFT MAIN & CONNECTING ROD BEARINGS							
Engine	MAIN BEARINGS				CONNECTING ROD BEARINGS		
	Journal Diam.	Clearance	Thrust Bearing	Crankshaft End Play	Journal Diam.	Clearance	Side Play
4.2L & 5.0L	2.2482-2.2490"	①.0005-.0015"	No. 3	②.004-.008"	2.1228-2.1236"	.0008-.0015"	.010-.020"
5.8L (W)	2.9994-3.0002"	.0008-.0015"	No. 3	②.004-.008"	2.3103-2.3111"	.0008-.0015"	.010-.020"

① – No. 1 is .0001-.0015".

② – Service limit – .012"

Ford V8 Engines

4.2L, 5.0L & 5.8L (W) V8 ENGINES (Cont.)

ENGINE SPECIFICATIONS (Cont.)

VALVE SPRINGS			
Engine	Free Length	PRESSURE (LBS.)	
		Valve Closed	Valve Open
4.2L			
Int.	2.04"	74-82@1.78"	190-212@1.36"
Exh.	1.85"	76-84@1.60"	190-210@1.36"
5.0L			
Int.	2.04"	74-82@1.78"	196-212@1.36"
Exh.	1.85"	76-84@1.60"	190-210@1.20"
5.8L (W)			
Int.	2.04"	74-82@1.78"	190-210@1.36"
Exh.	1.85"	76-84@1.60"	190-210@1.20"

CAMSHAFT			
Engine	Journal Diam.	Clearance	Lobe Lift
4.2L, 5.0L & 5.8L (W)		①	
No.1	2.0805-2.0815"	.001-.003"	Int. .2375"②
No.2	2.0655-2.0665"		Exh. .2470"②
No.3	2.0505-2.0515"		Int. .2600"③
No.4	2.0355-2.0365"		Exh. .2600"③
No.5	2.0205-2.0215"		

- ① - End Play is .001-.007".
- ② - 4.2L & 5.0L engines.
- ③ - 5.8L (W) engine.

TIGHTENING SPECIFICATIONS	
Application	Ft. Lbs.
Cylinder Head	
4.2L & 5.0L	
Step One	55-65
Step Two	65-72
5.8L (W)	
Step One	85
Step Two	95
Step Three	105-112
Intake Manifold	23-25
Exhaust Manifold	18-24
Flywheel-to-Crankshaft	75-85
Main Bearing Caps	
4.2L & 5.0L	60-70
5.8L (W)	95-105
Connecting Rod Caps	
4.2L & 5.0L	19-24
5.8L (W)	40-45
Pulley-to-Damper	35-50
Rocker Arm Cover Bolts	3-5
Damper-to-Crankshaft	70-90
Camshaft Thrust Plate	9-12
Rocker Arm Stud Nut	18-25
Camshaft Sprocket	40-45
Oil Filter Insert-to-Block	20-30
Oil Pump-to-Cylinder Block	22-32
Oil Pan Bolts	9-11