

## 4.2, 5.0 & 5.8 LITER V8

### IDENTIFICATION CODING

#### ENGINE IDENTIFICATION

Engine may be identified from the Vehicle Identification Number stamped on a metal tab attached to instrument panel close to windshield on drivers side of vehicle and is visible from outside. VIN number is also stamped on both Safety Certification Decal, mounted on the left front door lock face panel and on the Engine Identification Label mounted on valve cover. The VIN number contains 17 digits. The 8th digit identifies the engine and the 10th digit establishes the model year.

Engine Code	
Engine	Code
4.2L (255") 2-Bbl. ....	D
5.0L (302") 2-Bbl. ....	F
5.8L (351" W) 2-Bbl. ....	G

#### ENGINE REMOVAL

See *Engine Removal at end of ENGINE Section.*

### CYLINDER HEAD & MANIFOLDS

#### INTAKE MANIFOLD

**Removal** - 1) Drain cooling system. Remove air cleaner and intake duct assembly. Remove automatic choke heat tube, upper radiator hose at engine, heater hose and water pump bypass hose at intake manifold. Remove PCV system.

2) Disconnect all vacuum lines and electrical wires (remove distributor cap and wires as an assembly), then remove distributor. Disconnect fuel line, accelerator cable and speed control linkage (if equipped) from carburetor. Remove accelerator cable bracket.

3) If vehicle is equipped with air conditioning, remove compressor to intake manifold brackets. Remove intake manifold and carburetor as an assembly.

**Installation** - 1) Apply suitable oil resistant sealer at four junction points of seals and gaskets. Position front and rear seals on cylinder block and new gaskets on heads. Make sure that holes in gaskets are aligned with holes in cylinder head.

2) Position gaskets so they are interlocked with seal tabs. Using guide pins, lower manifold onto engine and check for correct positioning of gaskets and seals before installing bolts. Remove guide pins, install bolts and tighten to specification, following the sequence shown in Fig. 1.

3) Operate the engine until it reaches normal operating temperature, then, retorque manifold bolts.

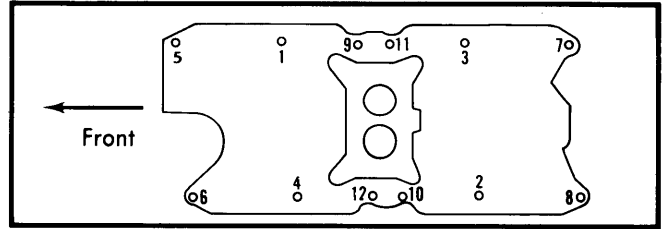


Fig. 1 Intake Manifold Tightening Sequence

#### CYLINDER HEAD

**Removal** - 1) Remove intake manifold and carburetor as an assembly. Remove rocker arm covers. Discharge A/C compressor and disconnect refrigerant lines. Remove compressor. Disconnect power steering pump and bracket. Remove drive belt from pump pulley and position to one side.

2) Remove alternator mounting bracket bolt, air cleaner inlet duct, ignition coil and thermactor crossover tube (from rear of cylinder head). Disconnect exhaust pipe at manifold. Loosen rocker arm fulcrum bolts and rotate rocker arms to side and remove push rods in sequence for reinstallation in original positions.

3) On some engines it may be necessary to remove exhaust manifold to gain access to lower cylinder head bolts. Remove exhaust valve stem caps. Remove cylinder head bolts and remove cylinder head.

**Installation** - Clean old gasket material from cylinder head and block. Position head gasket over dowels and onto block. Install cylinder head. Install bolts and tighten in 3 steps to specifications, following sequence in Fig. 2.

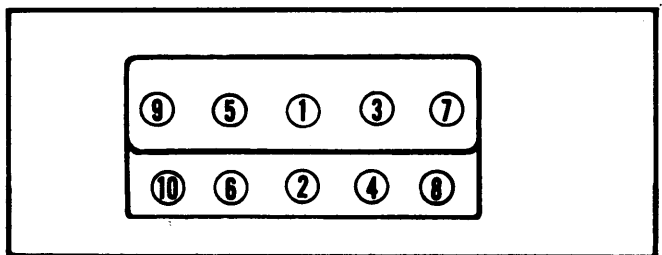


Fig. 2 Cylinder Head Tightening Sequence

### VALVES

#### VALVE ARRANGEMENT

**All Engines** - E-I-E-I-E-I-E-I (Left bank, front to rear).  
I-E-I-E-I-E-I-E (Right bank, front to rear).

## 4.2, 5.0 & 5.8 LITER V8 (Cont.)

### VALVE GUIDE SERVICING

To ream guides for installation of valves with oversize stems, always use reamers in sequence and reface valve seat after valve guide is reamed. Reamers are furnished .003" (.08 mm) oversize with standard diameter pilot, .015" (.38 mm) oversize reamer with .003" (.08 mm) oversize pilot; and .030" (.76 mm) oversize reamer with .015" (.38 mm) oversize pilot.

### VALVE STEM OIL SEALS

Cup or umbrella type seals are used on all valves. Install seals with cup side down over valve guide, using a  $\frac{5}{8}$ " (16 mm) deep socket and plastic hammer to properly seat seal.

### VALVE SPRINGS

**Removal** - 1) Remove rocker arm cover and spark plug on cylinder to be serviced. Be sure piston is at top of stroke with both valves closed. Install air line with adapter in spark plug hole. Apply a minimum of 140 psi line pressure.

**NOTE** - If air pressure fails to hold valve closed, remove cylinder head for inspection of valve seat.

2) Remove required rocker arms and push rods. Use suitable spring compression tool (T62F-6565-A or 6513-HH) to compress valve and remove retainer locks, sleeve, spring retainer and valve spring. Remove and discard valve stem seal. Do not remove air pressure as this will allow valve to fall into cylinder if piston has been forced to bottom of cylinder.

**Installation** - 1) Lubricate valve stem with engine oil and install new valve stem seal. Place spring in position over valve and install spring retainer (and rotator, on 5.8L exhaust valves). Compress valve spring and install locks. Remove air pressure and adapter and install spark plugs.

2) Apply Ford Polyethylene Grease (DOAZ-19584-A) or equivalent, to ends of push rods and tip of valve stems. Install rocker arms and tighten to specifications.

### VALVE SPRING INSTALLED HEIGHT

Spring ends must be square within  $\frac{5}{64}$ " (1.98 mm). Installed height of valve spring must not exceed specifications. Measure height from surface of cylinder head pad to underside of spring retainer. See Fig. 3. If height is greater than specified, install .030" (.76 mm) spacer on head under spring to bring height within limits.

**CAUTION** - Install spacers only if necessary. Do not use more than 2 spacers, as this will overstress springs and overload camshaft lobes.

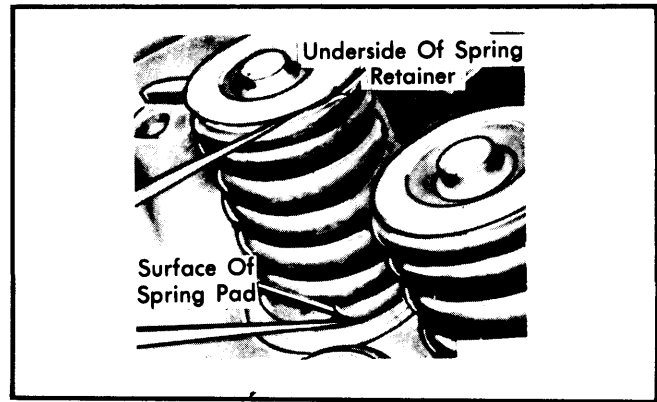


Fig. 3 Measuring Valve Spring Installed Height

Valve Spring Installed Height	
Engine	Installed Height In. (mm)
4.2L & 5.0L (255" & 302")	
Int. ....	1 $\frac{43}{64}$ -1 $\frac{45}{64}$ (42.47-43.26)
Exh. ....	1 $\frac{37}{64}$ -1 $\frac{39}{64}$ (40.08-40.88)
5.8L (351")	
Int. ....	1 $\frac{49}{64}$ -1 $\frac{51}{64}$ (44.05-45.64)
Exh. ....	1 $\frac{37}{64}$ -1 $\frac{51}{64}$ (40.08-45.64)

### HYDRAULIC VALVE LIFTER ASSEMBLY

Lifters are serviced as assemblies only and parts are not interchangeable. See Fig. 4. Always check rocker arm-to-valve stem clearance before concluding a noisy lifter is defective. After cleaning and reassembling lifters, they should be tested for leakdown rate. Use lifter tester according to direction of manufacturer. Leakdown rate is 10-15 seconds measure at  $\frac{1}{16}$ " (1.59 mm) plunger travel under a 50 lb. (222N) load.

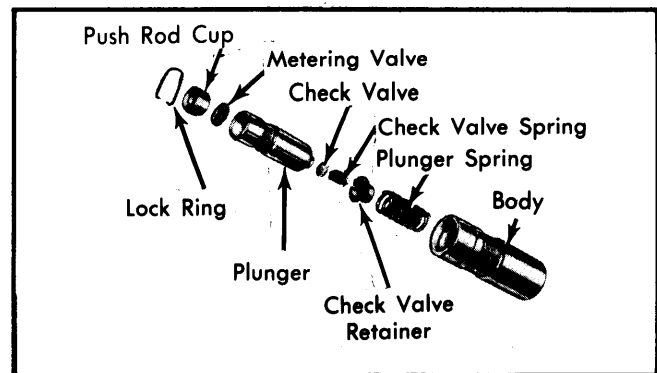


Fig. 4 Exploded View of Valve Lifter Assembly

### HYDRAULIC VALVE LIFTER ADJUSTMENT

Repeated valve (seat and face) reconditioning operations will decrease valve stem to rocker arm clearance to point that if

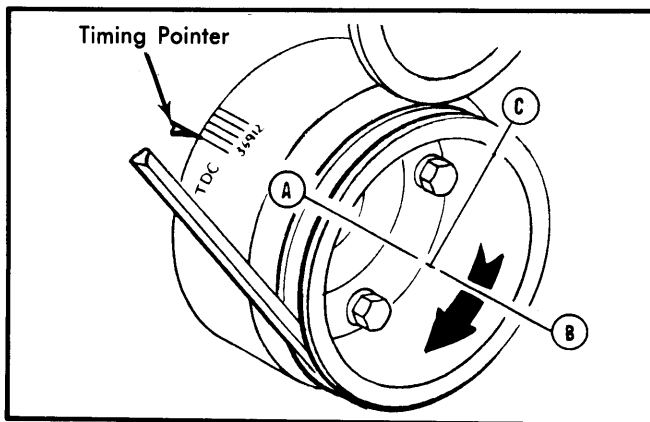
## 4.2, 5.0 &amp; 5.8 LITER V8 (Cont.)

Repeated valve (seat and face) reconditioning operations will decrease valve stem to rocker arm clearance to point that if compensation is not made, valve lifters will cease to function. To compensate for any dimensional changes in valve mechanism, a .060" (1.52 mm) shorter or a .060" (1.52 mm) longer replacement push rod is available. To determine whether or not a longer or shorter push rod is necessary, clearance between rocker arm and valve stem must be checked. Use suitable tool and slowly collapse valve lifter until plunger is bottomed. Hold lifter down while checking clearance. Procedure for checking valve clearance is as follows:

**NOTE** — Valve lifter must be completely collapsed when checking valve clearance.

Collapsed Lifter Clearance		
Application	Allowable	Desired
4.25L & 5.0L (255" & 302")	.071-.171" (1.80-4.34 mm)	.096-.146" (2.44-3.71 mm)
5.8L (351")	.098-.198" (2.49-5.03 mm)	.096-.146" (2.44-3.71 mm)

1) Rotate crankshaft until No. 1 piston is at TDC (point "A" in Fig. 5) after compression stroke as indicated by timing mark on crankshaft damper and pointer. Make a chalk mark on damper 180° (point "B") from TDC mark. Make a chalk mark on damper 90° (point "C") clockwise from TDC mark.



**Fig. 5** Different Positions to Place Crankshaft Damper When Making Hydraulic Valve Lifter Adjustment

2) With damper at point "A", check following valve clearances with specifications:

- 4.2L & 5.0L (255 & 302") — Intake No. 1, 7 and 8. Exhaust No. 1, 5 and 4.
- 5.8L (351") — Intake No. 1, 4 and 8. Exhaust No. 1, 3 and 7.

3) Rotate crankshaft 180° clockwise from point "A" so that point "B" is opposite pointer. Check following valve clearances:

- 4.2L & 5.0L (255 & 302") — Intake No. 4 and 5. Exhaust No. 2 and 6.
- 5.8L (351") — Intake No. 3 and 7. Exhaust No. 2 and 6.

4) Rotate crankshaft 270° clockwise from point "B" so point "C" is opposite pointer. Check following valve clearances:

- 4.2L & 5.0L (255 & 302") — Intake No. 2, 3 and 6. Exhaust No. 3, 7 and 8.
- 5.8L (351") — Intake No. 2, 5 and 6. Exhaust No. 4, 5 and 8.

5) If clearance is less than specified, install shorter push rods; if greater than specified, install longer push rods.

## PISTONS, PINS &amp; RINGS

## OIL PAN

See Oil Pan Removal at end of ENGINE Section.

## PISTON &amp; ROD ASSEMBLY

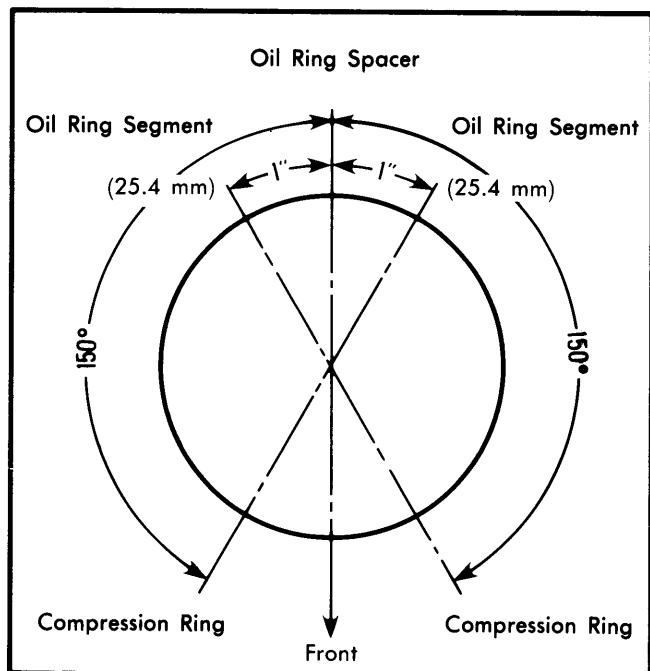
**NOTE** — New pistons must be installed in same cylinders for which they were fitted and used pistons in same cylinders from which they were removed.

**Removal** — 1) With cylinder head and oil pan removed, use a suitable ridge cutter to remove any ridge or deposits on upper end of cylinder bore.

**NOTE** — Piston must be at bottom of stroke and covered with a cloth to collect cuttings.

2) Inspect connecting rods and caps for cylinder identification and mark as necessary. Remove rod cap and push piston and rod assembly out top of cylinder block, taking care not to nick crankshaft journal or cylinder wall. Remove bearing inserts and install cap to its respective rod.

**Installation** — 1) Lightly coat cylinder bores, pistons, and rings with engine oil. Ensure that ring gaps are properly spaced and install ring compressor on piston. See Fig. 6.



**Fig. 6** Piston Ring Gap Spacing

2) Install each piston and rod assembly (with notch on piston head facing front of engine) in its respective bore. See Fig. 7. Guide connecting rod onto crankshaft journal while tapping piston head with wooden hammer handle to seat connecting rod against crankshaft. Install rod caps and tighten. Check bearing clearance and connecting rod side clearance.

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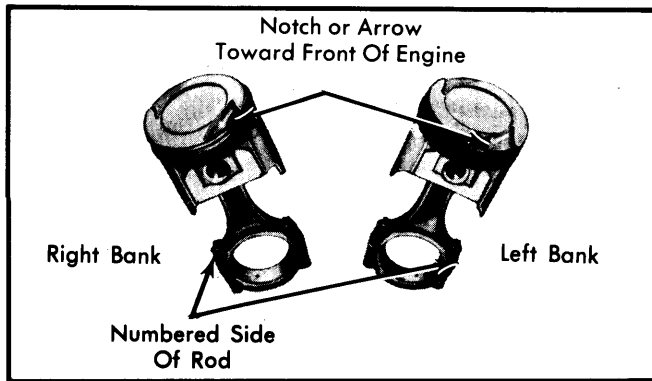


Fig. 7 Piston and Connecting Rod Index Mark Locations

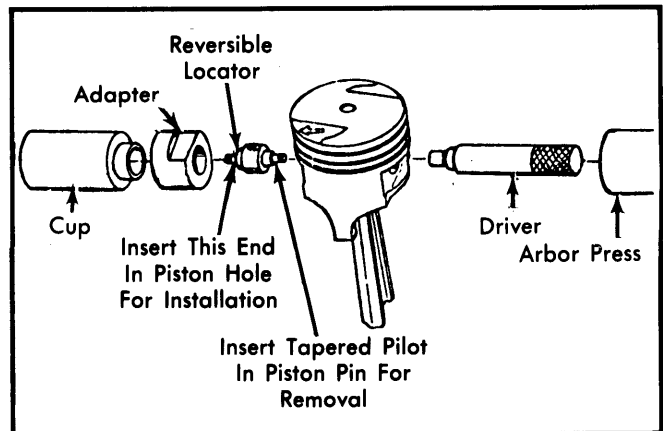


Fig. 8 Tool Layout for Removing and Installing Piston Pin

### FITTING PISTONS

Measure cylinder bore at right angles to crankshaft centerline, below ring travel. Piston to cylinder bore clearance should be within specifications. Make sure piston and cylinder block are at normal room temperature (70°F) when fitting.

#### Piston Size Code Chart

Code	Size Inches (mm)
<b>Red</b>	
4.2L (255")	3.6784-3.6790 (93.43-93.45)
5.0L (302")	3.9984-3.9990 (101.56-101.58)
5.8 (351")	3.9978-3.9984 (101.54-101.56)
<b>Blue</b>	
4.2L (255")	3.6798-3.6804 (93.47-93.48)
5.0L (302")	3.9996-4.0002 (101.59-101.61)
5.8L (351")	3.9990-3.9996 (101.57-101.59)
<b>Yellow</b>	
4.2L (255")	3.6812-3.6818 (93.50-93.52)
5.0L (302")	4.0020-4.0026 (101.65-101.67)
5.8L (351")	4.0014-4.0020 (101.64-101.65)
<b>Oversize .003" (.076 mm)</b>	
5.0L (302")	4.0008-4.0014 (101.62-101.64)
5.8L (351")	4.0002-4.0008 (101.61-101.62)

### PISTON PINS

Piston pins are replaced using arbor press and suitable pilots and drivers. See Fig. 8. Pins are a press fit in bore.

### CRANKSHAFT & ROD BEARINGS

#### MAIN & CONNECTING ROD BEARINGS

**NOTE** — Following procedures are with oil pan removed.

**Removal** — Remove connecting rod cap after ensuring caps are marked for identification to rod assembly. Remove upper half of bearing by inserting bearing removal tool (6331-E) in oil hole of crankshaft and slowly rotate crankshaft in direction of engine rotation. This will force upper bearing half out of block.

**Installation** — 1) Determine crankshaft journal clearance in bearing using Plastigage method. Place a jack under counterweight adjoining bearing being checked so weight of crankshaft will not compress Plastigage and provide an erroneous reading. See Fig. 9.

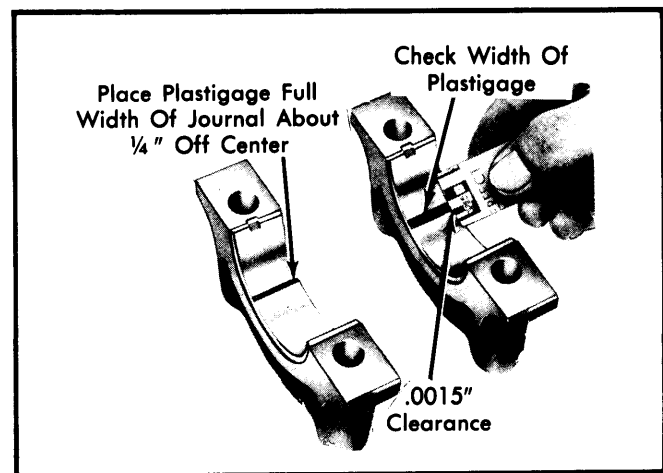


Fig. 9 Using Plastigage to Check Bearing Clearance

2) If bearing clearance is excessive, a .001" (.025 mm) or .002" (.051 mm) undersize bearing may be used in combination with a standard size bearing. If .002" (.051 mm) undersize bearings are used on more than one journal, they may be positioned in cylinder block rather than bearing cap.

## 4.2, 5.0 &amp; 5.8 LITER V8 (Cont.)

3) If standard and .002" (.051 mm) undersize combination do not bring bearing clearance within specified limits, crankshaft will have to be refinished and undersized bearings installed.

4) Fit and install bearing inserts in connecting rods and caps so tangs fit into slots provided.

## THRUST BEARING ALIGNMENT

Install all main bearing caps except thrust bearing cap and tighten. Install thrust bearing cap with bolts, but only finger tight. Pry crankshaft to front of engine. Then pry thrust bearing cap to rear of engine. While holding crankshaft forward, tighten main bearing cap bolts. Check crankshaft end play.

## REAR MAIN BEARING OIL SEAL

Split-type crankshaft rear oil seals may be replaced without removing crankshaft, using the following procedure:

1) Loosen all main bearing bolts, lowering crankshaft not to exceed  $\frac{1}{32}$ " (.79 mm). Remove rear main bearing cap, remove seal half from cap. Remove upper seal half with suitable tool, being careful not to scratch or damage crankshaft journal or seal surface.

2) Remove oil seal pin from bearing cap (if equipped). Discard pin. Dip seal halves in engine oil. Install upper seal in groove with undercut side of seal toward front of engine by rotating it on seal journal until  $\frac{3}{8}$ " (9.5 mm) protrudes below parting surface. See Fig. 10. Tighten main bearing cap bolts.

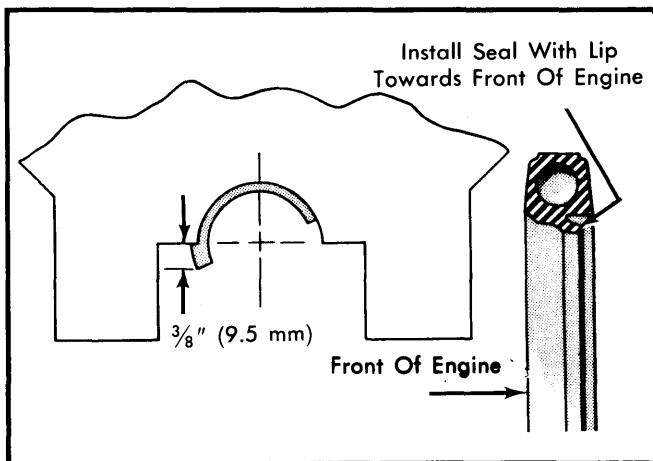


Fig. 10 Split Lip Type Rear Main Bearing Oil Seal

3) Install lower seal in rear bearing cap with undercut side toward front of engine, allowing seal to protrude  $\frac{3}{8}$ " (9.5 mm) above parting surface.

4) Apply thin coating of oil resistant sealer to cap at rear of top mating surface. Install main bearing cap and tighten bolts.

**NOTE** — Do not apply sealer to area forward of side seal groove.

## CAMSHAFT

## ENGINE FRONT COVER

**Removal** — 1) Drain cooling system and crankcase. Remove fan, spacer, radiator shroud and all hoses or brackets at-

tached to water pump. Remove crankshaft pulley and remove vibration damper using universal puller tool.

2) Disconnect fuel pump outlet line from fuel pump, remove fuel pump bolts and lay pump to one side. Remove front cover bolts and cut oil pan gasket flush with cylinder block. Remove front cover and water pump as an assembly.

**Installation** — Clean all gasket surfaces. Use suitable sealer and install gaskets and seals. Install new front cover seal. Use suitable pilot tool (T61P-6019-B or 6059-F) to center front cover on crankshaft. Install bolts and tighten.

## FRONT COVER OIL SEAL

**Removal** — Remove front cover. Using suitable pin punch, drive out oil seal.

**Installation** — Coat seal with grease and drive into cover using suitable tools (T53L-200-A and T58P-6700-B). Check seal to make sure that it is fully seated and the spring is positioned properly. Install front cover.

## TIMING CHAIN

**Inspection** — With front cover removed, rotate crankshaft in counterclockwise direction to take up slack on left side of chain. Establish a reference point on engine block and measure from this point to chain. Rotate crankshaft in opposite direction to take up slack on right side of chain. Force left side of chain out and measure difference between reference point and chain. If deflection exceeds .50" (13 mm), replace timing chain.

**Removal** — Crank engine until timing marks are aligned. See Fig. 11. Remove camshaft sprocket cap screw, washers, fuel pump eccentric and spacer (if equipped). Slide both sprockets with timing chain forward and remove them as an assembly.

**NOTE** — Spacer is used on all models equipped with electronic fuel injection.

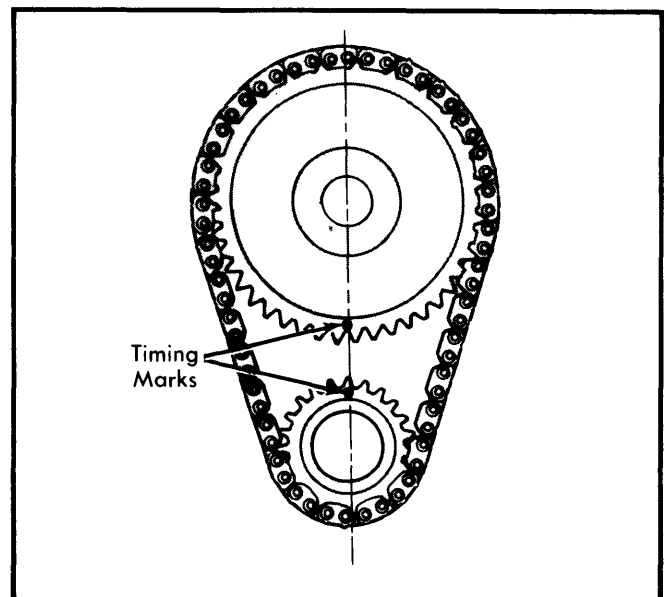


Fig. 11 Timing Chain Sprocket Alignment

## 4.2, 5.0 & 5.8 LITER V8 (Cont.)

**Installation** — Position timing chain on sprockets with timing marks aligned. See Fig. 11. Slide both sprockets and timing chain onto engine as an assembly. Install spacer (if equipped), fuel pump eccentric, washers and sprocket cap screw. Tighten bolt and oil timing chain.

### CAMSHAFT

**Removal** — 1) Drain cooling system and remove radiator, A/C condenser and grille components, as necessary. Remove engine front cover, fuel pump, and sprockets and timing chain as an assembly.

2) Remove intake manifold and related parts. Remove rocker arm covers, loosen rocker arms and remove push rods. Remove valve lifters.

3) Remove thrust plate and carefully pull camshaft toward front of engine and remove.

**Installation** — Oil camshaft journals with engine oil and apply Lubriplate or equivalent to camshaft lobes. Carefully slide camshaft through bearings and install camshaft thrust plate with groove toward cylinder block. Install other components previously removed.

### CAMSHAFT BEARINGS

**Removal & Installation** — With camshaft, flywheel and crankshaft removed from engine, push pistons to top of cylinders. Remove camshaft rear bearing bore plug. Using suitable driver-puller tool, remove bearings. When installing new bearings, oil holes must be aligned. Front bearing must be installed .005-.020" (.13-.51 mm) below front face of cylinder block. Bearings are also available in .015" (.38 mm) undersize.

### CAMSHAFT END THRUST

With engine front cover removed, push camshaft toward rear of engine and install dial indicator so indicator stylus is on camshaft sprocket cap screw. Zero dial indicator. Position large screwdriver between camshaft sprocket and block. Pull camshaft forward and release it. If dial indicator reading is not within specifications, replace thrust plate.

**NOTE** — Do not attempt to pry camshaft back and forth with valve train load on camshaft.

### CAM LOBE LIFT

Check lift of each camshaft lobe in consecutive order as follows:

1) Remove rocker arms and make sure each push rod is in valve lifter socket. Install dial indicator so ball socket adapter of indicator rests on end of push rod and in same plane as push rod movement.

2) With an auxiliary starter switch connected to starter solenoid and ignition switch off, bump crankshaft until tappet is on base circle of camshaft lobe. This is push rod's lowest point.

3) Zero dial indicator and continue to rotate crankshaft until push rod is in fully raised position (highest indicator reading). Compare total lift from indicator readings with specifications.

4) To check accuracy of dial indicator readings, continue to rotate crankshaft until indicator reads zero. If lift on any lobe is .005" (.13 mm) less than specifications, valve lifters are operating on worn lobes.

## ENGINE OILING

**Crankcase Capacity** — 4 qts., add 1 qt. with filter change.

**Oil Filter** — Replace at first oil change and every second oil change afterwards.

**Normal Oil Pressure (Hot)** — 40-60 psi at 2000 RPM.

**Pressure Regulator Valve** — In pump body. Not adjustable.

### ENGINE OILING SYSTEM

Force feed with rotor type oil pump. All oil from pump flows through full flow oil filter before entering the engine. See Fig. 12. From oil filter, oil flows to main oil gallery located on right side of camshaft, lubricating engine components as follows:

**Main Bearings** — Oil from main gallery enters main bearings through drilled passages in block.

**Camshaft Bearings** — Passages are drilled from each main bearing to each camshaft bearing.

**Timing Chain** — Oil is forced through a drilled passage from oil pump intermediate shaft to groove in thrust plate and passes around camshaft. It then flows through two grooves in timing chain sprocket and is deflected onto the timing chain.

**Connecting Rod Bearings** — Crankshaft is drilled from main bearings to connecting rod bearings.

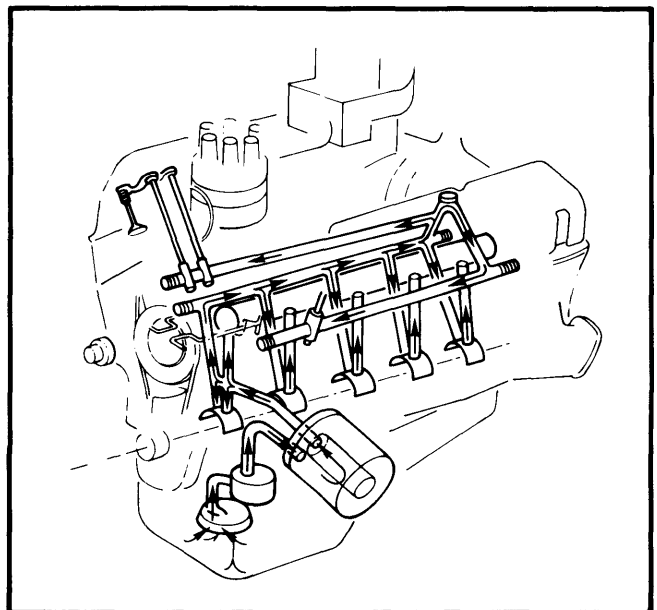


Fig.12 Engine Oiling Circuit

## 4.2, 5.0 & 5.8 LITER V8 (Cont.)

**Valve Lifters, Push Rods** — Oil passages drilled from main oil gallery to each lifter gallery. Oil hole in valve lifter is indexed to lifter oil gallery and oil flows into lifter. Oil from lifter is metered through disc metering valve and flows up hollow push rod. Drilled hole in push rod is indexed to hole in rocker arm and oil lubricates the upper valve train and bearings. Excess oil is returned to oil pan through drain back holes at each end of cylinder head and block.

### OIL PUMP

**Disassembly** — Remove oil inlet tube, cover bolts and cover from pump. Remove inner rotor and shaft assembly, then remove outer race. See Fig. 13. Drill a small hole and inset self-threading sheet metal screw into oil pressure relief cap and pull from chamber. Remove spring and plunger.

**Reassembly** — 1) Clean, inspect and oil all parts thoroughly. Install relief valve plunger, spring and new cap. Install outer race and inner rotor and shaft assembly.

**NOTE** — Identification mark (dimple) on outer race must face outward and on same side as identification mark on rotor. Rotor and shaft assembly and outer race are serviced as an assembly and both parts must be replaced together.

2) Install cover and tighten bolts. Install oil inlet tube on pump. Prime pump by filling either inlet or outlet port with oil and rotating pump shaft.

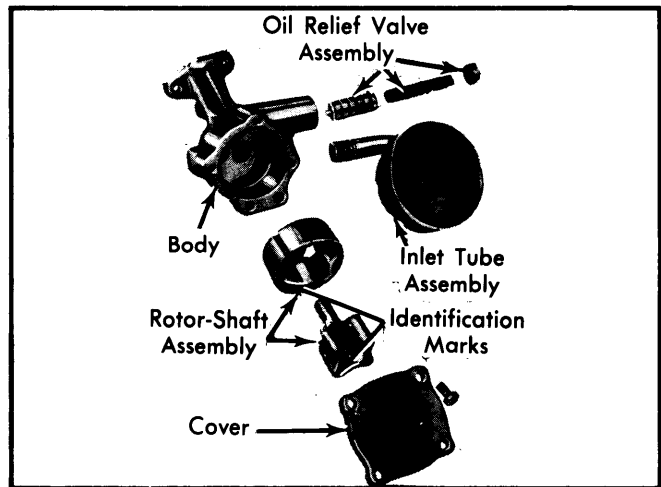


Fig. 13 Exploded View of Oil Pump Assembly

### ENGINE COOLING

#### WATER PUMP

**Removal** — Disconnect negative battery cable and drain cooling system. Remove air inlet tube and fan shroud. Position shroud over the fan. Remove fan and spacer from pump shaft. Remove shroud and all accessory drive belts. Remove all accessory brackets attached to water pump. Disconnect radiator lower hose, heater hose and water by-pass hose at water pump. Remove bolts that attach water pump to front cover. Remove pump and discard gasket.

**Installation** — If installing new water pump, transfer pulley from old pump. Clean all surfaces to ensure good seal. Apply a 1/8" bead of sealant to water pump sealing surface. While sealer is wet install water pump and tighten attaching bolts. Install all accessory drive belts, shroud and connect negative battery cable.

**NOTE** — For further information on cooling system capacities and other cooling system components, see appropriate article in ENGINE COOLING SYSTEMS section.

#### Oil Pump Specifications

Application	Specifications In. (mm)
Outer Race-to-Housing .....	.001-.013" (.025-.330)
Rotor End Play .....	.004"-Max. (.10)
Shaft-to-Housing .....	.0015-.0030" (.038-.076)
Relief Valve Spring Tension	
4.2L & 5.0L (255 & 302") .....	10.6-12.2 lbs. @ 1.704" (47-54 N @ 43.28)
5.8L (351") .....	18.2-20.2 @ 2.490" (81-90 N @ 63.25)
Relief Valve-to-Bore .....	.0015-.0030" (.038-.076)

### ENGINE SPECIFICATIONS

GENERAL SPECIFICATIONS									
Engine	HP at RPM	Torque (Ft. Lbs. at RPM)	Compr. Ratio	Bore		Stroke		Displ.	
				in.	mm	in.	mm	cu. ins.	cc
4.2L (255")	122@3800	200@2200	8.8:1	3.68	93.47	300	76.20	255	4200
5.0L (302")	135@3600	240@1800	8.4:1	4.00	101.60	300	76.20	302	5000
5.8L (351")	149@3300	288@1800	8.3:1	4.00	101.60	350	88.90	351	5800

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### ENGINE SPECIFICATIONS (Cont.)

VALVES							
Engine & Valve	Head Diam. In. (mm)	Face Angle	Seat Angle	Seat Width In. (mm)	Stem Diameter In. (mm)	Stem Clearance In. (mm)	Valve Lift In. (mm)
4.2L (255") Int.	1.770-1.794	44°	45°	.060-.080 (1.52-2.03)	.3416-.3423 (8.68-8.69)	.0010-.0027 (.025-.069)	.3753 (9.53)
	(44.96-45.57)						
Ext.	1.453-1.468	44°	45°	.060-.080 (1.52-2.03)	.3411-3.418 (8.66-8.68)	.0015-.0032 (.038-.081)	.3753 (9.53)
	(36.91-37.29)						
5.0L (302") Int.	1.770-1.794	44°	45°	.060-.080 (1.52-2.03)	.3416-.3423 (8.68-8.69)	.0010-.0027 (.027-.069)	.3753 (9.53)
	(44.96-45.57)						
Exh.	1.453-1.468	44°	45°	.060-.080 (1.52-2.03)	.3411-.3418 (8.66-8.68)	.0015-.0032 (.038-.081)	.3908 (9.93)
	(36.91-37.29)						
5.8L (351") Int.	1.770-1.794	44°	45°	.060-.080 (1.52-2.03)	.3416-.3423 (8.68-8.69)	.0010-.0027 (.025-.069)	.4108 (10.43)
	(44.96-45.57)						
Exh.	1.453-1.468	44°	45°	.060-.080 (1.52-2.03)	.3411-.3418 (8.66-8.68)	.0015-.0032 (.038-.081)	.4108 (10.43)
	(36.91-37.29)						

PISTONS, PINS, RINGS						
Engine	PISTONS		PINS		RINGS	
	Clearance In. (mm)	Piston Fit In. (mm)	Rod Fit In. (mm)	Rings	End Gap In. (mm)	Side Clearance In. (mm)
4.2L (255")	.0014-.0024 (.036-.061)	.0003-.0005 (.008-.013)	Press Fit	1 & 2	.010-.020 (.25-.51)	.002-.004 (.051-.102)
				3	.015-.055 (.38-1.40)	Snug
5.0L (302)	.0018-.0026 (.046-.066)	.0002-.0004 (.005-.010)	Press Fit	1 & 2	.010-.020 (.25-.51)	.002-.004 (.051-.102)
				3	.015-.055 (.38-1.40)	Snug
5.8L (351")	.0018-.0026 (.046-.066)	.0003-.0005 (.008-.013)	Press Fit	1 & 2	.010-.020 (.25-.51)	.002-.004 (.051-.102)
				3	.015-.055 (.38-1.40)	Snug

CRANKSHAFT MAIN & CONNECTING ROD BEARINGS							
Engine	MAIN BEARINGS				CONNECTING ROD BEARINGS		
	Journal Diam. In. (mm)	Clearance In. (mm)	Thrust Bearing ②	Crankshaft End Play In. (mm)	Journal Diam. In. (mm)	Clearance In. (mm)	Side Play In. (mm)
4.2L (255")	2.2482-2.2490 (57.10-57.12)	.0005-.0015 (.012-.038)	No. 3	.004-.008 (.10-.20)	2.1228-2.1236 (53.92-53.94)	.0008-.0015 (.020-.038)	.010-.020 (.25-.51)
5.0L (302")	2.2482-2.2490 (57.10-57.12)	.0005-.0015① (.012-.038)	No. 3	.004-.008 (.10-.20)	2.1228-2.1236 (53.92-53.94)	.0008-.0015 (.020-.038)	.010-.020 (.25-.51)
5.8L (351")	2.9994-3.0002 (76.18-76.21)	.0008-.0015 (.020-.038)	No. 3	.004-.008 (.10-.20)	2.3103-2.3111 (58.68-58.70)	.0008-.0015 (.020-.038)	.010-.020 (.25-.51)

① — No. 1 bearing only. Others, .0004-.0015" (.010-.038 mm).

② — Thrust bearing journal length is 1.137-1.139" (28.88-28.93 mm).

# Ford Motor Co. V8 Engines

## 4.2, 5.0 & 5.8 LITER V8

CAMSHAFT			
Engine	Journal Diam. In. (mm)	Clearance In. (mm)	Lobe Lift In. (mm)
4.2L (255") Jrnl. 1	2.0805-2.0815 (52.84-52.87)	.001-.003 (.025-.076)	Int. .2375 (6.03)
	2.0655-2.0665 (52.46-52.49)		Exh. .2375 (6.03)
	2.0505-2.0515 (52-08-52.11)		
	2.0355-2.0365 (51.70-51.73)		
	2.0205-2.0215 (51.32-51.35)		
5.0L (302") Jrnl. 1	2.0805-2.0815 (52.84-52.87)	.001-.003 (.025-.076)	Int. .2375 <sup>ⓐ</sup> (6.03)
	2.0655-2.0665 (52.46-52.49)		Exh. .2474 (6.28)
	2.0505-2.0515 (52-08-52.11)		
	2.0355-2.0365 (51.70-51.73)		
	2.0205-2.0215 (51.32-51.35)		
5.8L (351") Jrnl. 1	2.0805-2.0815 (52.84-52.87)	.001-.003 (.025-.076)	Int. .2780 (7.06)
	2.0655-2.0665 (52.46-52.49)		Exh. .2780 (7.06)
	2.0505-2.0515 (52-08-52.11)		
	2.0355-2.0365 (51.70-51.73)		
	2.0205-2.0215 (51.32-51.35)		

- ① — End play is .001-.007" (.025-.178 mm)
- ② — 5.0L High Output; Intake .2600" (6.60 mm), Exhaust .2780" (6.28 mm).

VALVE SPRINGS			
Engine	Free Length In. (mm)	PRESSURE Lbs. @ In. (kg @ mm)	
		Valve Closed	Valve Open
4.2L Int.	2.05	74-82@1.78	196-214@1.36
	52.07	(35.5@45.21)	(93.2@34.54)
	Exh. 1.87	71-79@1.60	195-215@1.15
	47.49	(34.01@40.64)	(92.98@2.21)
5.0L Int.	2.05	74-82@1.78	196-214@1.36
	52.07	(35.5@45.21)	(93.2@34.54)
	Exh. 1.87	71-79@1.60	195-215@1.15
	47.49	(34.01@40.64)	(92.98@29.21)
5.8L Int.	2.05	74-82@1.78	194-214@1.33
	52.07	(35.5@45.21)	(92.53@33.78)
	Exh. 1.87	71-79@1.60	195-215@1.15
	47.49	(34.01@40.64)	(92.98@29.21)

### TIGHTENING SPECIFICATIONS

Application	Ft. Lbs. (N·m)
Cylinder Head	
4.2L & 5.0L (255 & 302")	①65-72 (93)
5.8L (351")	②105-112 (147)
Flywheel	75-85 (101)
Main Bearing Caps	
4.2L & 5.0L (255 & 302")	60-70 (88)
5.8L (351")	95-105 (136)
Connecting Rods	
4.2L & 5.0L (255 & 302")	19-24 (30)
5.8L (351")	40-45 (57)
Pulley-to-Damper	35-50 (65)
Damper-to-Crankshaft	70-90 (111)
Camshaft Sprocket	40-45 (57)
Oil Pump	22-32 (37)
Camshaft Thrust Plate	9-12 (14)
Rocker Arm Fulcrum Bolt	18-25 (29)

- ① — Torque in 2 steps: Step 1 — 55-65 ft. lbs. (74-88 N·m); Step 2 — 65-72 ft. lbs. (88-97 N·m).
- ② — Tighten in 3 steps: Step 1 — 85 ft. lbs. (115 N·m); Step 2 — 95 ft. lbs. (129 N·m); Step 3 — 105-112 ft. lbs. (142-152 N·m).